

Team Number: _____

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CODE NAME - "That's Life"**Team Members:** _____ **Category:** _____**Problem Statement**

This individual problem will take a member through health care modalities, first aid modalities and ultimately through CPR modalities. This will be a simple case of an employee placing too much physical stress on themselves, ultimately causing a heart attack. This angina patient will be carrying medication. This patient will initially be a conscious patient who ultimately becomes unconscious and in the end, non breathing and with no pulse.

Casualty Simulation**PATIENT ONE**

CONSCIOUS coherent and willing to cooperate

PAIN in the chest

KNOWN angina condition, carrying medication

Signs of shock - SWEATING; PALE

History

During restocking, an employee over works themselves and causes themselves to have an angina attack. The member is brought to assist and must deal with a patient whose condition continues to become worse throughout the problem.

Judging Notes:

- Assist team with prompting if casualty does not respond properly.
- Please check the casualties' positions and all simulation.

I Information Requested A Actions Taken S Statements

IMMEDIATE ACTION: (within first four minutes of problem)

1.	Did team member take charge	A	10	0
2.	Did team properly identify themselves and seek consent	A	10	0
3.	Did member secure the scene from hazards on floor?	A/S	10	0
4.	Did member secure the scene from hazards on shelves?	A/S	10	0
5.	Did member protect themselves by using gloves?	A	10	0
6.	Patient			
	Was effort made to determine level of consciousness?	A/S	05	0
	Was effort made to assess quality of airway?	A/S	05	0
	Was effort made to assess quality of pulse?	A/S	05	0
	Was effort made to establish a gross bleed check?	A/S	05	0
7.	Did member dispatch for an ambulance or investigate transportation possibilities?	S	10	0
8.	Attempt made to contact management	S	05	0

ASSESSMENT STAGE: (approximately a 10 minute stage)

9.	Assessment Stage			
	Was effort made to determine type of pain?	A/S	05	0
	Was effort made to determine the onset of the pain?	A/S	05	0
	Was effort made to determine shortness of breath condition?	A/S	05	0
	Was effort made to determine body positioning which makes their pain feel better (semi-setting)?	A/S	05	0
	Was effort made to severity of pain compared to past history?	A/S	05	0
	Was effort made to determine history of heart condition?	A/S	05	0
	Was effort made to find time since last attach?	A/S	05	0
	Was effort made to determine if patient is on medications?	A/S	05	0

[Nitro, Lasix, Slow-K, Adalat]

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	Was effort made to locate Nitro and assist with taking meds?	A/S	05	0
	Vitals: Did team perform suitable assessment of the following PRIOR to Medication			
	Pulse Check (corrected to be 120, full and irregular)	A	10	0
	Respiration Check (corrected to be 25 shallow, irregular)	A	10	0
	Temperature/Skin Condition Checked (pale, cold, clammy)	A	10	0
	Were the Five Rights of Medications reviewed by team member? . .	A/S	05	0
	[Med, Person, Time, Method, Amount]			
	Was effort made to determine if Nitro had an effect?	A/S	05	0
	Vitals: Did team perform suitable assessment of the following AFTER Medications			
	Pulse Check (corrected to be 120, full and irregular)	A	10	0
	Respiration Check (corrected to be 25 shallow, irregular)	A	10	0
	Temperature/Skin Condition Checked(pale, cold, clammy)	A	10	0
10.	Was body warmth maintained (SHOCK) for			
	under	A	05	0
	over	A	10	0
11.	Secondary Assessment			
	Did team perform suitable assessment of the following areas:			
	skull (no bumps, no indentations, bleeding to forehead) . .	A/S	01	0
	ears (as found, no fluids)	A/S	01	0
	eyes (as found, equal and reactive)	A/S	01	0
	nose (as found, no fluids)	A/S	01	0
	mouth (as found, no odour)	A/S	01	0
	jaw (as found)	A/S	01	0
	neck (as found)	A/S	01	0
	back/spine (as found)	A/S	01	0
	chest (as found)	A/S	01	0
	abdomen (as found)	A/S	01	0
	pelvic area (as found)	A/S	01	0
	right leg (as found)	A/S	01	0
	right foot (as found)	A/S	01	0
	left leg (as found)	A/S	01	0
	left foot (as found)	A/S	01	0
	right clavicle (as found)	A/S	01	0
	right arm (as found)	A/S	01	0
	right hand (as found)	A/S	01	0
	left clavicle (as found)	A/S	01	0
	left arm (as found)	A/S	01	0
	left hand (as found)	A/S	01	0
	Was casualty kept in position found during examination	A	10	0

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Reassurance provided... (would you as a casualty feel:)

comforted and reassured to an adequate level OR	A	05	0
comforted and reassured to very comfortable level	A	10	0

TRANSITION STAGE: (Sudden Increase of Pain leading to Unresponsiveness)
 (Patient will begin noisy breathing "snoring")
 (Stage to last 1 minute)

12. **Transition Stage**

Did member move the patient into a supine position	A/S	05	0
Did member ensure an open airway was established	A/S	05	0
Vitals: Reassessment of vitals			
Pulse Check (corrected to be 120, full and irregular)	A	10	0
Respiration Check (corrected to be 25 shallow, irregular)	A	10	0
Temperature/Skin Condition Checked(pale, cold, clammy)	A	10	0

CLINICAL DEATH STAGE: (Loud Snore, a Gasp of Air, Non-Breathing / No Pulse)
 (When Team Member Identifies Condition of Patient
 and motions to start AR and/or CPR, a Maniken substitution
 will be made)
 (Stage to last 5 minutes)

[After a few minutes, when the Judge has been able to adequately assess the participants ability to perform CPR/AR, the Judge may stop the procedure and the problem]

13. **Clinical Death Stage**

Did member reassess vitals and conclude breathless state	A/S	05	0
Did member reassess vitals and conclude pulseless state	A/S	05	0
Did member indicate and motion that AR/CPR was in order	A/S	05	0

[JUDGE to make MANIKEN substitution for PATIENT]

14. **Member Performance of CPR/AR Modality:**[Accumulative: fair 5, good 15, well 25]

Intermediate/Senior Competitors

Evaluate member's ability to sustain "15-2 One-Man CPR Model"	fair	05	0
	good	10	0
	well	10	0

Junior Competitors

Evaluate member's ability to sustain "12-15 AR Model"	fair	05	0
	good	10	0
	well	10	0

RECORDING:

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15.	Was the time and date of incident recorded	A	02	0
16.	Patient			
	Was name and address recorded?	A	02	0
	Was first pulse check (including time) recorded?	A	02	0
	Was first respiration recorded (including time) recorded?	A	02	0
	Was first temperature and skin condition recorded?	A	02	0
	Was second pulse check (including time) recorded?	A	02	0
	Was second respiration recorded (including time) recorded?	A	02	0
	Was second temperature and skin condition recorded?	A	02	0
	Was third pulse check (including time) recorded?	A	02	0
	Was third respiration recorded (including time) recorded?	A	02	0
	Was third temperature and skin condition recorded?	A	02	0
	Was medical condition (angina) recorded?	A	02	0
	Was treatment of this condition recorded?	A	02	0
	Was the dispensing of Nitro recorded?	A	05	0
	Was the time of patient's unconsciousness recorded?	A	05	0
	Was the time of patient's breathlessness recorded?	A	05	0
	Was the performance of CPR/AR recorded?	A	05	0
	Was history recorded?	A	02	0
	Were allergies recorded?	A	02	0
	Was the presence of medication or medical conditions recorded?	A	02	0
	Was record signed by first aider?	A	02	0

Total Possible Marks: _____ 395 _____

Actual Total : _____

Team Name: _____

Floor Position: _____

Judges' Names: (1) _____

(2) _____

Judges' Signatures: (1) _____

(2) _____