



St John

the first to care

International Cadet First Aid Competition 2003

Team Practical Test

Team Code:

Papers set by John Clough OStJ Auckland New Zealand

Team Information

You are on your way to a duty at a local park when you come across an incident.

You have 15 minutes to handle this situation.

Team is then met by patient three who indicates the event.

Scenario

A Roller Skater/Blader and a scooterist collide on an asphalt or concrete area. A third person witnessing the event runs off for help meeting up with the team.

Patient Briefing

One scooterist unconscious face down with bumps and grazed area above right eye. Responds to pain.

Two Skater/Roller Blader graze and abrasions to outer left knee. Very painful, not a lot of blood, graze over large area.

Three Bystander Asthma attack noisy whistling breathing on inhalation. Responds to medication.

Requirements

Judges	=	3
Patients	=	3
Skates or Rollerblades	=	1
Scooter	=	1
Ventolin (Empty) Inhaler	=	1

Time: 15 Minutes

Team Code:

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MARKING KEY	
Not Attempted Or Performed	0
Performed Only Part Effective	2
Performed To Standard	4

On Arrival

Approach to scene	0	2	4
Gloves on prior to touching patients	0	2	4
Confidence Displayed	0	2	4
Note initial history to Judge of Incident	0	2	4
Assess for any dangers	0	2	4

Patient One - Scooterist

Priority Action Plan

Response – assess consciousness (Pain Yes)	0	2	4
Airway – checked & cleared	0	2	4
Breathing – Note patient breathing to Judge	0	2	4
Circulation – check pulse note to Judge	0	2	4
Bleeding – check for life threatening haemorrhage	0	2	4

Secondary Survey

Head – Note Injury	0	2	4
Chest	0	2	4
Abdomen	0	2	4
Spine and Back	0	2	4
Pelvis	0	2	4
Lower Limbs	0	2	4
Upper Limbs	0	2	4

Treatment

Place in Recovery Position	0	2	4
On a blanket	0	2	4
Maintain Airway	0	2	4
Apply dressing to forehead	0	2	4
Cover with a blanket	0	2	4
Reassure	0	2	4
Re Check Pulse and Note to judge	0	2	4
Re Check Respiration and Note to judge	0	2	4

Time: 15 Minutes

Team Code:

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Patient One Continued

Vital Signs

Check Pulse and Note changes	0	2	4
Check Respirations and Note changes	0	2	4
Pupils Note Reaction, size and equality	0	2	4
Assess skin colour and temperature	0	2	4

Paperwork Marks

Patients personal details noted	0	2	4
History and observations of scene noted	0	2	4
Patients injuries noted	0	2	4
Treatment given noted	0	2	4
Vital signs recorded at regular basis	0	2	4

Call for Assistance

Caller identifies themselves	0	2	4
Correct location given	0	2	4
Number of patients and injuries	0	2	4

Patient One Sub Total

Judges Signature

Observations

Leadership	0	2	4
Team Co-ordination	0	2	4

Sub Total

Comments/Remarks

Time: 15 Minutes

Team Code:

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Patient Two – Skater / Roller Blader

Priority Action Plan

Response – Assess consciousness	0		2		4
Airway – checked and cleared	0		2		4
Breathing – note patient breathing to judge	0		2		4
Circulation – check pulse, note to judge	0		2		4
Bleeding – check for life threatening haemorrhage	0		2		4

Secondary Survey

Head	0		2		4
Chest	0		2		4
Abdomen	0		2		4
Spine and Back	0		2		4
Pelvis	0		2		4
Lower Limbs (note graze)	0		2		4
Upper Limbs	0		2		4

Treatment

Sit patient	0		2		4
On a blanket	0		2		4
Reassure	0		2		4
Apply dressing to graze	0		2		4
Dressing held in position	0		2		4
Cover with a blanket	0		2		4
Recheck pulse and note to judge	0		2		4
Further reassure	0		2		4

Paperwork Marks

Patients personal details noted	0		2		4
History and observations of scene noted	0		2		4
Patients injuries noted	0		2		4
Treatment given noted	0		2		4
Vital signs recorded at regular intervals	0		2		4

Patient Two Sub Total

Judges Signature

Time: 15 Minutes

Team Code:

Patient Three

Priority Action Plan

Response – Assess consciousness	0		2		4
Airway – checked note medication needed	0		2		4
Breathing – note patients breathing (noisy) to judge	0		2		4
Circulation – check pulse, note to judge	0		2		4
Bleeding – check for life threatening haemorrhage	0		2		4

Secondary Survey

Head	0		2		4
Chest – Loosen tight clothing	0		2		4
Abdomen	0		2		4
Spine and Back	0		2		4
Pelvis	0		2		4
Lower Limbs	0		2		4
Upper Limbs	0		2		4

Treatment

Reassure	0		2		4
Sit patient	0		2		4
On a blanket	0		2		4
Leaning forward	0		2		4
Check patient has medication (Ventolin Inhaler) yes	0		2		4
Encourage patient to use their medication	0		2		4
Further reassurance	0		2		4
Recheck pulse and note to judge	0		2		4
Recheck respirations and note to judge	0		2		4
Note that patients breathing easier after medication	0		2		4

Paperwork Marks

Patients personal details noted	0		2		4
History and observations of scene noted	0		2		4
Patients injuries / conditions noted	0		2		4
Treatment given noted	0		2		4
Vital signs recorded at regular intervals	0		2		4

Patient Three Sub Total _____

Judges Signature _____