

St. John Ambulance International Cadet First Aid Competition 2005 Team Practical Test

Papers set by Frank Pomroy, OstJ Essex, England

Time Allowed - 15 Minutes

Total Marks - 260

Team Information

You have arrived at your St. John Headquarters to assist members of the adult division to decorate.

Scenario

Two members of the adult division are painting the ceiling, when the steps and scaffold board slips. Casualty #1 sustains a blow to the head & fracture of the left collar bone. Casualty #2 sustains a server cut to the right fore arm off a utility knife he was holding in his left hand, and a fracture to the left lower leg. A bystander comes in, 2 minutes into the set. The bystander is the wife of casualty #1, and has brought a flask of tea/coffee & sandwiches for the two casualties. The bystander on seeing her husband becomes hysterical.

Equipment Needed

Two step ladders
Scaffold Board
Utility Knife
Stop Watch
Paint Cans
Paint Brushes
4 Blankets
Telephone
Flask Tea / Coffee

Casualty Simulation

Casualty #1

Redness & bruising to left forehead
Redness & bruising to left collar bone
Pale cold & clammy

Casualty #2

Deep cut to right fore arm
Redness & swelling to left leg
Pale cold & clammy

Casualties Notes

Both casualties to wear jeans and short sleeve shirts

Casualty #1

Is disoriented, cannot remember what happened or where he is. Complains of pain to left shoulder and is unable to move left arm

Casualty #2

Can tell what happened, complains of pain to left leg and is unable to move it, and is concerned about the blood coming from right arm.

Bystander

Bystander comes in, 2 minutes into the set, the bystander is the wife of casualty #1, and has brought a flask of tea/coffee & sandwiches for the two casualties. The bystander on seeing her husband becomes hysterical.

**St. John Ambulance
International Cadet First Aid Competition 2005
Team Practical Test**

Team Information

You have arrived at your St. John Headquarters to assist members of the adult division to decorate.

Time: 15 Minutes Total

Team Name _____

MARKING KEY	
Not Attempted Or Performed	0
Attempted But Not Effective	1
Performed But Only Part Effective	2
Performed and Effective	3
Performed To An Excellent Standard	4

On Arrival

Approach on scene
Gloves on prior to touching patients
Confidence displayed
Note initial history to Judge of incident
Assess for any dangers

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4

Casualty #1

Recognize features
Put on gloves
Ask what happened
Note casualty is disorientated
Note redness to forehead
Note casualty is holding left arm
Note redness and bruising to left collar bone
Ask if casualty can move left arm (no)
Note casualty is pale, cold & clammy
Rapid and weak pulse
Breathing is shallow and fast
Secondary Survey
Treatment
Lay casualty down, head and shoulders slightly raised
Place cold compress on forehead
Place left arm in elevated sling
Place padding under left arm
Place supporting bandage around arm and body
Place blanket over and under casualty
Re-check pulse
Reassurance
General treatment
Casualty comments

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4

Total marks this page _____
(maximum 104)

Time: 15 Minutes Total

Team Name _____

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Casualty #2

Recognize features					
Put on gloves	0	1	2	3	4
Ask what happened	0	1	2	3	4
Ask where does it hurt	0	1	2	3	4
Note bleeding to right forearm	0	1	2	3	4
Ask if bleeding is heavy (yes)	0	1	2	3	4
Examine left leg	0	1	2	3	4
Note redness and swelling	0	1	2	3	4
Ask if casualty can move their toes (no)	0	1	2	3	4
Pale, cold & clammy skin	0	1	2	3	4
Rapid and weak pulse	0	1	2	3	4
Breathing is shallow and fast	0	1	2	3	4
Secondary Survey	0	1	2	3	4
Treatment					
Ask casualty to apply pressure on wound (within 10 sec)	0	1	2	3	4
Lay casualty down	0	1	2	3	4
Ask casualty to raise arm	0	1	2	3	4
Apply sterile dressing	0	1	2	3	4
Ask if bleeding is controlled (no)	0	1	2	3	4
Apply second dressing/pad & bandage	0	1	2	3	4
Ask if bleeding is controlled (yes)	0	1	2	3	4
Place blanket around left leg	0	1	2	3	4
Slightly raise right leg	0	1	2	3	4
Place blanket under and over casualty	0	1	2	3	4
Recheck bleeding is controlled	0	1	2	3	4
Recheck pulse	0	1	2	3	4
Reassurance	0	1	2	3	4
General treatment	0	1	2	3	4
Casualty comments	0	1	2	3	4

Total marks this page _____
(maximum 108)

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Bystander

Guide bystander away from the scene
Sit bystander down
Reassure
Offer bystander a cup of coffee/tea
General treatment

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4

Telephone Call

Call emergency services
State correct location
State correct diagnosis of each casualty
State how many casualties
Ask operator to repeat message

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4

Observations

Leadership
Team co-ordination

0	1	2	3	4
0	1	2	3	4

Total marks this page _____
(maximum 48)

Total marks page 1 _____ (max 104)

Total marks page 2 _____ (max 108)

Total marks page 3 _____ (max 48)

Grand Total Marks _____ (max 260)