



**Caring
for Life**

International First Aid Competition For Cadets 2006

Team Practical Test

Team Letter:

Papers set by Hong Kong

Time allowed 15 minutes

Total marks 200

CARD:

Your team is on duty at the 47th Interschool Judo Contest. At the middle of the third round, the match was called to a halt, when both contestants fell after a shoulder throw.

HISTORY:

John, from school A, was thrown down with right shoulder landing on the floor. He kicked his opponent, Mark, from school B, during the throw. Mark then fell on his forehead and twisted his left ankle.

INJURIES:

1. John: dislocation of right shoulder with severe pain.
2. Mark: fully conscious with a laceration wound on the forehead with server bleeding, and a sprained left ankle.

STAGING:

Two casualties dressed in Judo suit on Judo mat. John is lying on his left side with left hand holding the right shoulder. Mark, with active bleeding from the laceration over the forehead, is sitting on the mat, holding his left ankle with both hands..

Marks Page One	
Marks Page Two	
Marks Page Three	
Total Marks	

Mark	
Unacceptable or harmful to the patient	0
Poor or omission	1
Fair	2
Good	3
Very good	4

ENTRY

Identify team as first aiders and offer assistance	0	1	2	3	4
All team members to put on gloves	0	1	2	3	4
Show confidence	0	1	2	3	4
Enquire what happened	0	1	2	3	4
Ensure safety of team's approach	0	1	2	3	4

PATIENT 1 – JOHN

Enquire what happened	0	1	2	3	4
Notice patient holding right shoulder	0	1	2	3	4
Notice deformity of right shoulder	0	1	2	3	4
Notice redness & bruising					
Ask if patient can move right arm (No)	0	1	2	3	4
Ask if there is right arm numbness (No)	0	1	2	3	4
Conduct detail examination	0	1	2	3	4
Treatment					
Sit the patient	0	1	2	3	4
Place right arm into a elevation sling	0	1	2	3	4
Place cushion between right arm and chest	0	1	2	3	4
Apply broad sling across chest to fix right arm	0	1	2	3	4
Check pulse	0	1	2	3	4
Reassure patient	0	1	2	3	4
General management	0	1	2	3	4
Patient's remarks	0	1	2	3	4
Marks					

JUDGE'S SIGNATURE: _____

Mark	
Unacceptable	0
Poor / not done	1
Fair	2
Good	3
Very good	4

PATIENT 2 – MARK

Enquire what happened	0	1	2	3	4
Enquire affected sites (forehead and left ankle)	0	1	2	3	4
Notice forehead bleeding	0	1	2	3	4
Check bleeding (Yes)	0	1	2	3	4
Examine left ankle	0	1	2	3	4
Notice left ankle swelling	0	1	2	3	4
Notice redness & bruising					
Ask patient to move left ankle (No)	0	1	2	3	4
Conduct detail examination	0	1	2	3	4
Treatment					
Apply pressure on wound (10 seconds)	0	1	2	3	4
Lay the patient down	0	1	2	3	4
Apply dressing	0	1	2	3	4
Check if bleeding stops (No)	0	1	2	3	4
Add dressing or bandage	0	1	2	3	4
Check if bleeding stops (Yes)	0	1	2	3	4
Elevate left ankle	0	1	2	3	4
Place ice on left ankle					
Check bleeding	0	1	2	3	4
Check pulse	0	1	2	3	4
Reassure patient	0	1	2	3	4
General management	0	1	2	3	4
Patient's remarks	0	1	2	3	4
Marks					

JUDGE'S SIGNATURE: _____

TELEPHONE CALL

Report to the Emergency Services	0	1	2	3	4
State correct location	0	1	2	3	4
State condition and diagnosis of the patients	0	1	2	3	4
State number of patients	0	1	2	3	4
Ask operator to repeat	0	1	2	3	4

OBSERVATION

Leadership efficiency	0	1	2	3	4
Team co-operation	0	1	2	3	4

JUDGE'S SIGNATURE: _____