
International First Aid Competition For Cadets 2008

Team Practical Test

Team Letter:

Papers set by Capt. Noeleen Cleary. Order of Malta Ireland

Time Allowed 12 Minutes Warning at 10 mins.

Total Marks 188

Scenario:

The team is returning home after First Aid training. While walking through a local park they happen upon an adult and a child. Adult crouched over in pain, child standing beside bicycle.

Team Card:

You are returning from a duty. While walking through a local park you come across a incident. (Please insert name & address of a local park to your competition)

Props required:

Bicycle

Blankets that are brought back by bystander after phone call.

First Aid Kit (to be carried onto set by team)

History:

Adult and child cycling in park. Child falls off bike on to piece of glass. Adult rushes to help and is gripped by sudden pain in chest.

Casualty Simulation

Casualty No 1: Heart attack. Shock

Casualty No 2: Incised wound to left calf, (three and half inches (7.5 cm) long) Arterial bleeding. Glass embedded. (Cannot be removed) Shock

Bystander: Arrives on scene after 4 minutes, wants to know all about incident, fussing, generally being a nuisance. (Can be used to call ambulance). Phone in house at edge of park. Bystander to be delayed 5 minutes.

Time: 12 Minutes

Team Letter

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MARKING KEY	
Not Attempted Or Performed	0
Attempted But Not Effective	1
Performed Only Part Effective	2
Performed and Effective	3
Performed To An Excellent Standard	4

On Arrival

Stop ask if any further danger to team & casualties	0	1	2	3	4
Ask casualties to keep still	0	1	2	3	4
Make area safe	0	1	2	3	4
Put on gloves	0	1	2	3	4

Bike Rider

Recognition Features

Ask what happened	0	1	2	3	4
Note gripping pain in chest	0	1	2	3	4
Note breathlessness, faintness, nausea	0	1	2	3	4
Note skin cold & clammy	0	1	2	3	4
Pulse rapid & weak (pulse rate 110)	0	1	2	3	4
Ask if they have any medication	0	1	2	3	4
Check for further injuries (secondary survey)	0	1	2	3	4
Casualty feels sense of impending doom	0	1	2	3	4

Treatment

Place casualty into semi-sitting position	0	1	2	3	4
Loosen clothing neck, chest, & waist	0	1	2	3	4
Cover with a blanket	0	1	2	3	4
Reassure casualty	0	1	2	3	4
Recheck pulse (pulse rate 106)	0	1	2	3	4
Recheck breathing (20)	0	1	2	3	4
Marks carried forward to page 4					

Judges Signature _____

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Team Letter

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Casualty No.2

Recognition Features

Ask what happened	0	1	2	3	4
Enquire where pain is felt (left leg)	0	1	2	3	4
Note bleeding	0	1	2	3	4
Check flow of blood (severe)	0	1	2	3	4
Note glass, non-removable	0	1	2	3	4
Note casualty is pale, cold & clammy	0	1	2	3	4
Pulse rapid & weak (Pulse rate 110)	0	1	2	3	4
Breathing shallow & fast (30)	0	1	2	3	4
Secondary Survey	0	1	2	3	4

Treatment

Lay the casualty down	0	1	2	3	4
Raise & support injured leg	0	1	2	3	4
Pinch the edge of the wound together	0	1	2	3	4
Place dressing lightly over the wound	0	1	2	3	4
Place padding on either side of the embedded object	0	1	2	3	4
Bandage to retain	0	1	2	3	4
Place blanket under & over the casualty	0	1	2	3	4
Check for circulation in the leg	0	1	2	3	4
Check if bleeding is controlled	0	1	2	3	4
Recheck pulse (pulse rate 100)	0	1	2	3	4
Recheck breathing (24)	0	1	2	3	4
Recheck bleeding is still controlled	0	1	2	3	4
Reassure	0	1	2	3	4
Marks carried forward to page 4					

Judges Signature _____

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Team Letter

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Telephone Call

Call emergency service	0	1	2	3	4
State correct location	0	1	2	3	4
State Correct diagnosis of each casualty	0	1	2	3	4
State how many casualties	0	1	2	3	4
Ask operator to repeat message	0	1	2	3	4

Observations

Leadership	0	1	2	3	4
Team Co-ordination	0	1	2	3	4
Marks Carried Forward					

Judges Signature _____

Marks Brought Forward

Casualty No.1	
Casualty No.2	
Communication	
Total marks	

