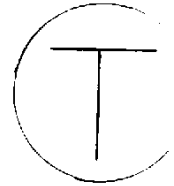


INTERNATIONAL CADET FIRST AID COMPETITION 1996

TEAM TEST



Paper set by Mrs. J. Logan. Essex

TEAM LETTER

JUDGES:

SCENARIO:

Two workmen have been working on the roof. One man slips and the other attempts to save him and in so doing both fall to the ground.

CASUALTY SIMULATION:

CASUALTY 1.

Bruising over Liver area
Severe shock, becoming worse during the test
Internal bleeding

CASUALTY 2.

Head injury, with bruising over right temple, and minor swelling
Concussion
Initially unconscious
Will regain consciousness with correct treatment

INSTRUCTIONS TO CASUALTIES:

CASUALTY 1: You are conscious but feeling very weak and dizzy, with pain in the right upper abdomen. You can answer direct questions and tell the team what happened. You ask for a drink, and later for a cigarette. You become progressively more shocked through the test.

CASUALTY 2: You are unconscious at the beginning of the test. If the airway is not maintained your breathing will become noisy and laboured. If the airway is adequately maintained, you will regain consciousness part way through the test (judge will indicate when).

SPECIAL EQUIPMENT:

Suitable equipment simulating materials having fallen from a height - slates, bricks, ladders etc.
Standard First Aid Kit

TIME LIMIT: 15 Minutes

MARKS POSSIBLE: 375

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DETAIL	MARKS		REMARKS
	POS.	OBT.	
APPROACH			
Approach - Quick and orderly	5		
Immediate assessment of situation	5		
Re-assure, state you are first aiders	5		
Warn them to lie still	5		
Get history of incident	5		
No 1 to deploy team	5		
Ensure area is safe	5		
Obtain First Aid kit	5		
CASUALTY No. 1.			
On Examination - Level of responsiveness			
Fully conscious, but weak	5		
Has not been unconscious	5		
Internal bleeding			
Pain in right upper abdomen	5		
Find bruising and tenderness of abdomen	5		
No visible bleeding	5		
Severe Shock			
Take pulse correctly (120 / min, weak)	5		
Skin cold and clammy	5		
Pale, but not cyanosed	5		
Breathing rapid and shallow	5		
Patient feels faint and sick	5		
Diagnose internal bleeding	5		
Examination of the rest of the body			
Head and neck	5		
Spine	5		
Chest	5		
Arms	5		
Legs	5		
Recheck after 10 minutes			
Conscious level - no change	5		
Pulse - 140 / min, weak	5		
Breathing rapid and shallow	5		
Re-examine abdomen	5		
TREATMENT			
Shock			
Re-assurance	5		
Lay casualty down	5		
Head to one side	5		
Raise legs	5		
Loosen tight clothing	5		
Keep casualty warm	5		
Do not allow drink or cigarette	5		
Continued re-assurance	5		

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DETAIL	MARKS		REMARKS
	POS.	OBT.	
CASUALTY No. 2.			
On Examination - Level of responsiveness			
Eyes do not open in response to pain	5		
No movement in response to pain	5		
No reply to questions	5		
Head injury			
Bruising over right temple	5		
Minor swelling	5		
No irregularity	5		
No bleeding from eyes, ears, nose or mouth	5		
Pupil equal in size	5		
No shock			
Take pulse correctly (75 / min, normal volume)	5		
Breathing - normal (If airway maintained)	5		
Skin - normal	5		
Examination of the rest of the body			
Head and neck	5		
Spine	5		
Chest	5		
Abdomen and pelvis	5		
Arms	5		
Legs	5		
Turn into recovery position	15		
Loosen tight clothing	5		
Keep casualty warm	5		
FURTHER MANAGEMENT			
Recheck conscious level			
Response of eyes	5		
Movement	5		
Speech	5		
Recheck pulse and breathing	5		
Record details	5		
When casualty recovers			
Re-assure him and explain what is happening	5		
Tell him not to move	5		
Ask if any back pain	5		
Ask him to move fingers and toes	5		
Test feeling in hand and legs	5		
DISPOSAL			
Telephone call for ambulance	10		
Names and addresses of casualties	5		
Patient care	10		
Efficiency and organisation	10		
TOTAL	375		