

**2000**

# **30th ANNUAL ONTARIO OPEN First Aid Competition**

**DETACH PAGE AND GIVE TO COMPETITOR WHEN DIRECTED TO DO SO**

## **INDIVIDUAL SCENARIO**

Upon arrival at the competition, you notice several young people skateboarding in the conference center parking lot. As you pass, you hear a scream and when you investigate you discover a skateboarder laying on the ground. The skateboard appears to have rolled away.

Good luck! You have 15 minutes to complete the scenario.

N.B.

There will be an announcement of time at the 5 minute, and again at the final 2 minutes.

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# 30th ANNUAL ONTARIO OPEN

## First Aid Competition

### JUDGE'S COPY OF SCENARIO INDIVIDUAL SCENARIO

You hear a scream and when you investigate you discover a skateboarder laying on the ground. The skateboard appears to have rolled away.

Good luck! You have 15 minutes to complete the scenario.

N.B.

There will be an announcement of time at the 5 minute, and again at the final 2 minutes.

Good luck! You have 15 minutes to complete the scenario.

### INJURIES

- Appearance of shock in the facial area.
- Bleeding from fractured nose.
- Large bleeding abrasions with obvious grit in the cuts on both forearms and shins.
- Additional abrasion on the left cheek.

### CASUALTY PROMPTS

- Casualties should be wearing T-shirt & shorts
- Skateboard accident – fell off skateboard.
- Scraped all over body, legs, arms and cheek with cuts with grit in each cut.
- Bleeding nose from fractured nose
- Conscious throughout the scenario.
- Pain in the face/nose (reacts loudly to pain ).
- Pain in both arms and both legs (from abrasions, reacts loudly to pain).
- IF ASKED do you have any allergies? I have an allergy to penicillin.
- IF ASKED do you have any other allergies? I have an allergy to Sulfa drugs.
- IF ASKED do you have any other allergies? I am allergic to grasses and some foods including peanuts and chocolate.
- IF ASKED about any medical conditions: Yes I am a diabetic.
- IF ASKED Have you taken your insulin? NO I am diet controlled.
- IF ASKED are you taking any medications: Yes
- IF ASKED what are you taking? Cipro.
- IF ASKED, what is it for? For an ear infection that I had last week.
- IF ASKED, ate last meal about 2 hours ago.

### PROPS

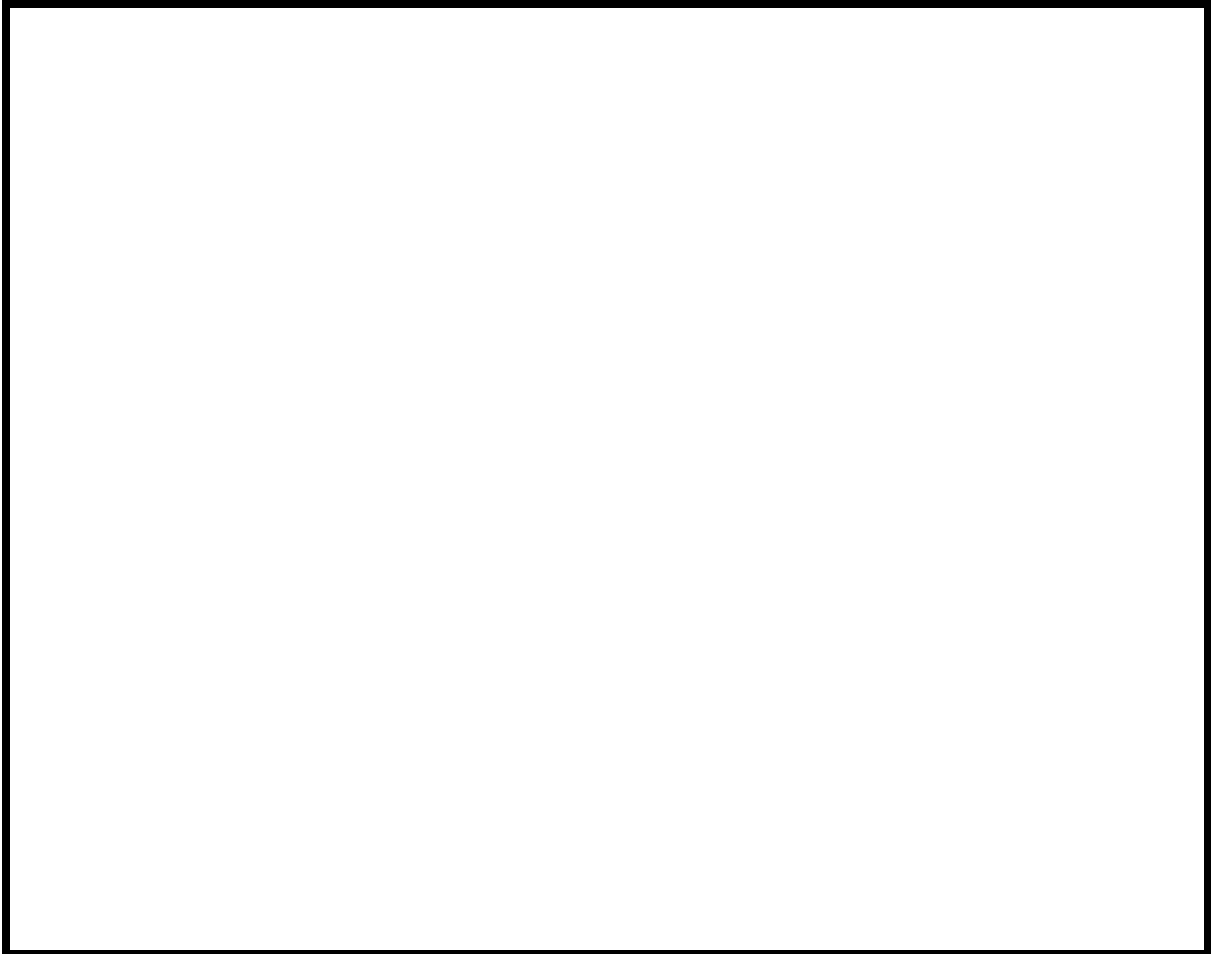
- **Moulage for broken nose**
- **Blood capsules for bleeding from the mouth**
- **Simulated abrasions on legs, arms and face.**

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**30th ANNUAL ONTARIO OPEN  
First Aid Competition**

**Casualty Positioning**

**Individual Scenario**



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# 30th ANNUAL ONTARIO OPEN First Aid Competition

## Individual Information

Please **print** the following information:

COMPETITOR'S NAME \_\_\_\_\_

JUDGE'S NAME (PRINT) \_\_\_\_\_

FLOOR POSITION (SQUARE #) \_\_\_\_\_

**Page 1 Primary Survey Points Total** \_\_\_\_\_  
(Possible 340)

**Page 2, Secondary Survey Page 1, Sub-Total** \_\_\_\_\_  
(Possible 150)

**Page 3, Secondary Survey Page 2, Sub-Total** \_\_\_\_\_  
(Possible 260)

**Page 4, Secondary Survey Page 3, Sub-Total** \_\_\_\_\_  
(Possible 170)

**Page 5, Secondary Survey Page 4, Sub-Total** \_\_\_\_\_  
(Possible 155)

**Secondary Survey Points Total** \_\_\_\_\_  
(Possible 735)

**Total Points Awarded**

Primary + Secondary Total (Possible 1075)

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## 30th ANNUAL ONTARIO OPEN First Aid Competition

A - Action  
S - Statement

	SCENE / PRIMARY SURVEY: This section is active for the first 5 minutes of the scenario only. During these first 5 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 5 minutes, the competitor is eligible to receive marks only in the Secondary Survey. Marks may no longer be awarded in this Primary Survey.	A/S	P O I N T S	N O T D O N E
<i>Actions in this section may be done in any order.</i>				
1.1	Did First Aider take charge of the situation ? <i>(tell casualty not to move?)</i>	S	20	0
1.2	Did First Aider call out for help from by-standers ? <i>(if Yes, readily available to call EMS and or traffic control only).</i>	S	20	0
1.3	Were hazards assessed ?	A/S	20	0
1.4	Did First Aider make an effort to control any hazards? <i>(possible traffic flow in the parking lot.)</i>	A/S	20	0
1.5	Did First Aider put on protective gloves? <i>(vinyl, latex, Playtex, etc.; must actually be worn to receive marks)</i>	A	20	0
1.6	Did First Aider determine if there are other casualties ?	A/S	20	0
1.7	Did First Aider determine/state the mechanism of injury?	S	20	0
1.8	Did First Aider ID him/herself and offer to help ?	A/S	20	0
1.9	Did First Aider assess responsiveness? <i>(level of consciousness), (Conscious/Oriented/Alert).</i>	A/S	20	0
1.10	Did First Aider activate EMS ? <i>(911, Fire Police Ambulance; by-stander available to do this)</i>	A/S	20	0
1.11	Did First Aider assess airway and breathing? <i>(Casualty is conscious and able to tell).</i>	A/S	20	0
1.12	Did First Aider assess pulse?	A/S	20	0
1.13	Did First Aider perform a rapid body survey?	A/S	20	0
1.14	Did First Aider control bleeding from nose? <i>(by hand or by a dressing)</i>	A/S	20	0
1.15	Did First Aider instruct casualty to breath through the mouth?	S	20	0
1.16	Did first aider instruct the casualty to not blow their nose for several hours?	S	20	0
1.17	Did First Aider assess the casualty's skin condition or temperature ?	A/S	20	0
<b>PAGE 1 SUB-TOTAL POINTS AWARDED</b>				
Primary Survey	(Possible 340)			

SECONDARY SURVEY: Actions in this section may be performed by the competitor in the first 5 minutes of the scenario as well as the <b>Primary Survey</b> . After the 5 first minutes, this is the only section that points shall be awarded to.		A/S	P O I N T S	N O T D O N E
<i>Actions in this section may be done in any order.</i>				
2.0	<b>History of the casualty:</b>			
2.1	Did the First Aider ask the casualty about any symptoms ?	S	10	0
2.2	Did First Aider ask if casualty has any allergies? ( <i>penicillin</i> )	S	10	0
2.3	Did First Aider ask if casualty has any other allergies? ( <i>Sulfa medications</i> ) (First Aider must ask question twice.)	S	10	0
2.4	Did First Aider ask if casualty has any medical conditions? ( <i>diebetic</i> )	S	10	0
2.5	Did First Aider ask if casualty has taken insulin/How much casualty takes? ( <i>None, diet controlled</i> )	S	10	0
2.6	Did the First Aider ask the casualty if they have taken any medication in the last 24 hours ? ( <i>Yes, Cipro</i> )	S	10	0
2.7	Did the First Aider ask the casualty what the medication is for? ( <i>for an ear infection he/she had last week</i> )	S	10	0
2.8	Did the First Aider check for a medical alert device ? ( <i>bracelet, necklace etc.</i> ) ( <i>none</i> )	A/S	10	0
2.9	Did the First Aider ask the casualty when they ate their last meal ? ( <i>about 2 hours ago</i> )	S	10	0
2.10	Did the First Aider ask the casualty how the incident happened ? ( <i>I fell off my skateboard</i> )	S	10	0
3.0	<b>Vital Signs Assessment</b>			
3.1	Level of consciousness ( <i>eyes open, oriented and alert and obeys commands.</i> )	A	10	0
3.2.	Respirations ( <i>correct to 26 and shallow.</i> )	A	10	0
3.3	Pulse ( <i>carotid or radial OK.</i> ) ( <i>correct to 110 and weak.</i> )	A	10	0
3.4	Skin Condition ( <i>correct to pale.</i> )	A/S	10	0
3.5	Skin Temperature ( <i>OK by palpation.</i> ) ( <i>correct to cool and clammy.</i> )	A	10	0
<b>PAGE 2 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 1 (Possible 150)				

4.0	<b>Head to Toe Assessment</b>			
4.1	check head? ( <i>fractured &amp; bleeding nose and abrasion on cheek</i> )	A/S	10	0
4.2	check neck?	A/S	10	0
4.3	check collarbones?	A/S	10	0
4.4	check shoulders? (both)	A/S	10	0
4.5	check arms & hands? (both) ( <i>large abrasions on arms</i> )	A/S	10	0
4.6	check chest?	A/S	10	0
4.7	check abdomen?	A/S	10	0
4.8	check pelvis & buttocks? (both sides)	A/S	10	0
4.9	check back?	A/S	10	0
4.10	check legs and ankles? (both) ( <i>large abrasions on legs</i> )	A/S	10	0
4.11	check feet? (both)	A/S	10	0
5.0	<b>Fractured Nose</b>			
5.1	Was the fractured nose examined?	A	10	0
5.2	Was casualty positioned in a way that does not compromise airway due to the bleeding from the nose? (Suggest sitting forward or recovery position.)	A	10	0
5.3	Was gentle pressure applied to fleshy part of nose to control bleeding?	A	10	0
6.0	<b>Facial Abrasions</b>	A	10	0
	Was the abraised area examined?			
6.1	Was the abraised area cleaned gently with a clean dressing or cloth?	A	10	0
6.2	Was the wound covered with a sterile dressing?	A	10	0
6.3	Was the dressing secured in place?	A	10	0
7.0	<b>Right Forearm Abrasions</b>			
7.1	Was the abraised area examined?	A	10	0
7.2	Was the abraised area cleaned gently with a clean dressing or cloth?	A	10	0
7.3	Was the wound covered with a sterile dressing?	A	10	0
7.4	Was the dressing secured in place?	A	10	0
8.0	<b>Left Forearm Abrasions</b>			
8.1	Was the abraised area examined?	A	10	0
8.2	Was the abraised area cleaned gently with a clean dressing or cloth?	A	10	0
8.3	Was the wound covered with a sterile dressing?	A	10	0
8.4	Was the dressing secured in place?	A	10	0

**PAGE 3 SUB-TOTAL POINTS AWARDED**

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9.0	<b>Right Leg Abrasions</b>			
9.1	Was the abraised area examined?	A	10	0
9.2	Was the abraised area cleaned gently with a clean dressing or cloth?	A	10	0
9.3	Was the wound covered with a sterile dressing?	A	10	0
9.4	Was the dressing secured in place?	A	10	0
10.0	<b>Left Leg Abrasions</b>			
10.1	Was the abraised area examined?	A	10	0
10.2	Was the abraised area cleaned gently with a clean dressing or cloth?	A	10	0
10.3	Was the wound covered with a sterile dressing?	A	10	0
10.4	Was the dressing secured in place?	A	10	0
11.0	<b>Shock and General</b>			
11.1	Was casualty covered “over” to lessen shock ?	A	10	0
11.2	Was casualty covered “under” to lessen shock ?	A	10	0
11.3	Was casualty reassured ?	A	10	0
11.4	Was casualty reassured more than once ?	A	10	0
11.5	Was casualty’s respirations reassessed ? (correct to 22 and shallow)	A	10	0
11.6	Was casualty’s pulse reassessed ? (correct to 100 and weak)	A	10	0
11.7	Was casualty’s temperature reassessed ? (correct to cold and clammy)	A	10	0
12.0	<b>Personal Protective Equipment</b>			
12.1	Were gloves worn for the duration of scenario ?	A	10	0
12.2	Were gloves effective ? (Judges Note: torn gloves must be replaced.)	A	10	0
<b>PAGE 4 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 3 (Possible 170)				



13.0	<b>Recording</b>			
13.1	Was the date and time recorded ?	A	5	0
13.2	Was the patient's information recorded ?	A	5	0
13.3	Was the First Aider's information recorded ?	A	5	0
13.4	Was the allergy to penicillin recorded?	A	5	0
13.5	Was the allergy to Sulfa Medications recorded?	A	5	0
13.6	Was the patient's diabetes recorded?	A	5	0
13.7	Was the patient being diet controlled recorded?	A	5	0
13.8	Was the patient's medication (Cipro) recorded?	A	5	0
13.9	Was initial Level of Consciousness recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
13.10	Was initial Respirations recorded, with the time taken?	A	5	0
13.11	Was initial Pulse recorded, with the time taken?	A	5	0
13.12	Was initial Skin Condition recorded, with the time taken?	A	5	0
13.13	Was initial Skin Temperature recorded, with the time taken?	A	5	0
13.14	Was incident history recorded ?	A	5	0
13.15	Was the nose injury identified ?	A	5	0
13.16	Was treatment for the nose injury recorded ?	A	5	0
13.17	Was the facial abrasion identified ?	A	5	0
13.18	Was treatment for the facial abrasion recorded?	A	5	0
13.19	Was the right arm abrasion identified ?	A	5	0
13.20	Was treatment for right arm abrasion identified ?	A	5	0
13.21	Was the left arm abrasion identified ?	A	5	0
13.22	Was treatment for left arm abrasion identified ?	A	5	0
13.23	Was the right leg abrasion identified ?	A	5	0
13.24	Was treatment for the right leg abrasion recorded ?	A	5	0
13.25	Was the left leg abrasion identified ?	A	5	0
13.26	Was treatment for the left leg abrasion recorded ?	A	5	0
13.27	Was reassessed Level of Consciousness recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
13.28	Was reassessed Respirations recorded, with the time taken?	A	5	0
13.29	Was reassessed Pulse recorded, with the time taken?	A	5	0
13.30	Was reassessed Skin Condition recorded, with the time taken?	A	5	0
13.31	Was reassessed Skin Temperature recorded, with the time taken?	A	5	0

**PAGE 5 SUB-TOTAL POINTS AWARDED**

Secondary Survey Page 4

(Possible 155)

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