

2003

**33rd ANNUAL ONTARIO OPEN
First Aid Competition**

DETACH PAGE AND GIVE TO FIRST AIDER WHEN DIRECTED TO DO SO

INDIVIDUAL SCENARIO

It is mid-afternoon, November 1st and you along with other individual first aiders are assisting the Emergency Services with the first aid treatment of people at the scene of a two storey building collapse. You must treat the injured person as found and report back to the Incident Commander.

Good luck! You have 15 minutes to complete the scenario.

There will be an announcement of times after the first 3 minutes and again at the final 2 minutes.

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JUDGE'S COPY OF SCENARIO INDIVIDUAL SCENARIO

It is mid-afternoon, November 1st and you along with other individual first aiders are assisting the Emergency Services with the first aid treatment of people at the scene of a two storey building collapse. You must treat the injured person as found and report back to the Incident Commander.

There will be an announcement of times after the first 3 minutes and again at the final 2 minutes.

INJURIES

- Closed Fractured left radius
- Wire through left calf with minor bleeding through puncture wounds.
- A 2" cut across the palm of the left hand
- Unconscious at beginning of scenario, regains consciousness during "Tap and Shout" or if not done, at the 3 minutes announcement; casualty is conscious but slow to respond throughout remainder of scenario.
- All injuries sustained in the building collapse.

CASUALTY PROMPTS

- Unconscious at beginning of scenario, regains consciousness during "Shake & Shout" or "Tap & Shout" or if not done, at the 3 minutes announcement
- Casualty is found on lying on their right side.
- Not currently on any medications.
- Casualty has allergy to Tylenol.
- Casualty ate about one hour ago.

PROPS

- Casualty is wearing tyvec coveralls
- Wire through left calf with minor bleeding at both puncture wounds
- Boxes, cardboard and simulated broken glass on the floor area as simulated debris

JUDGES' PROMPTS

- Judge is available to call for 911 and perform traffic control at the scene, IF ASKED.
- Unconscious at beginning of scenario, regains consciousness during "Shake & Shout" or "Tap and Shout" or if not done, at the 3 minutes announcement; casualty is conscious but slow to respond throughout remainder of scenario.
- Casualty is pale and sweaty.
- Casualty's skin is cool and clammy throughout scenario.
- Casualty's respirations are 25, regular and shallow throughout scenario
- Casualty's pulse is 110 regular and weak throughout scenario.
- Casualty's pupils are equal, 4 mm and reactive.

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Casualty Positioning

Individual Scenario



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Individual Information

Please **print** the following information:

TEAM'S NAME _____

INDIVIDUAL'S NAME _____

JUDGE'S NAME (PRINT CLEARLY) _____

FLOOR POSITION (SQUARE #) _____

Page 1 Primary Survey Points Total _____
(Possible 340)

Page 2, Secondary Survey Page 1, Sub-Total _____
(Possible 130)

Page 3, Secondary Survey Page 2, Sub-Total _____
(Possible 300)

Page 4, Secondary Survey Page 3, Sub-Total _____
(Possible 110)

Page 5, Secondary Survey Page 4, Sub-Total _____
(Possible 110)

Secondary Survey Points Total _____
(Possible 650)

Total Points Awarded

Primary + Secondary Total (Possible 990)

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First Aid Competition

Individual Scenario

SCENE / PRIMARY SURVEY: This section is active for the first 3 minutes of the scenario only. During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey. <i>Actions in this section may be done in any order.</i>		A/S	P O I N T S	N O T D O N E
1.1	Did First Aider take charge of the situation ? <i>(tell casualty not to move?)</i>	S	20	0
1.2	Did First Aider perform a “Shake and Shout”/”Tap & Shout”	A/S	20	0
1.3	Did First Aider I.D. self and offer to help ?	A/S	20	0
1.4	Did First Aider call out for help from by-standers ? <i>(if Yes, Judge is readily available to call Incident Command and/or control traffic)</i>	S	20	0
1.5	Did First Aider put on protective gloves? <i>(vinyl, latex, Playtex, etc; must actually be worn to receive marks)</i>	A	20	0
1.6	Were hazards assessed ? Did first aider move whatever debris he/she could move from the area? <i>If asked: Judge informs first aider that the area is safe from more falling debris.</i>	S	20	0
1.7	Did First Aider make an effort to control the hazards?	S	20	0
1.8	Did First Aider determine if there are other casualties ? <i>(you have been assigned this patient only, by incident commander)</i>	S	20	0
1.9	Did First Aider determine/state the mechanism of injury ?	A/S	20	0
1.10	Did First Aider assess responsiveness? <i>(Casualty is unconscious at start of scenario, then regains consciousness if touched and called during “tap and shout” or at 3 minutes)</i>	A/S	20	0
1.11	Did First Aider report back to Incident Commander, <i>(Ambulance required; by-stander available to do this)</i>	A/S	20	0
1.12	Was location of casualty specified to Incident Commander)	S	20	0
1.13	Did First Aider assess airway? <i>(patent or open)</i>	A/S	20	0
1.14	Did First Aider assess breathing? <i>(Correct to Respirations 25, regular, shallow)</i>	A/S	20	0
1.15	Did First Aider assess pulse ? <i>(present, 110, regular; weak)</i>	A/S	20	0
1.16	Did First Aider perform a rapid body survey? <i>(no gross bleeds)</i>	A/S	20	0
1.17	Did First Aider assess the casualty’s skin condition or temperature ? <i>(skin is cool, pale and sweaty.)</i>	A	20	0

PAGE 1 SUB-TOTAL POINTS AWARDED	
Primary Survey	(Possible 340)

SECONDARY SURVEY: Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey . After the first 3 minutes, this is the only section that points shall be awarded to. <i>Actions in this section may be done in any order.</i>		A/S	P O I N T S	N O T D O N E
2.0	Incident Scene Assessment			
2.1	Once the casualty regains consciousness, did First Aider identify themselves again ?	A	10	0
2.2	Once the casualty regains consciousness, did First Aider seek consent to assist again ?	A	10	0
3.0	History of the casualty:			
3.1	Did the First Aider ask bystanders if they know casualty? <i>(none do)</i>	S	10	0
3.2	Did the First Aider check for a medical alert device ? <i>(bracelet, necklace etc.) (none)</i>	A/S	10	0
3.3	Did the First Aider ask casualty about any allergies ? <i>(allergy to Tylenol)</i>	S	10	0
3.4	Did the First Aider ask casualty if he/she had eaten ? <i>(ate about 1 hour ago.)</i>	S	10	0
3.5	Did First Aider ask casualty if he/she had any other medical history ? <i>(none)</i>	S	10	0
3.6	Did First Aider ask bystanders how the incident happened? <i>(was injured in the building collapse)</i>	S	10	0
4.0	Casualty's Vital Signs Assessment			
4.1	Did First Aider determine Level of Consciousness ? <i>(After regaining consciousness, casualty is conscious but slow to respond)</i>	A	10	0
4.2.	Did First Aider assess Respirations ? <i>(correct to 25 regular and shallow.)</i>	A	10	0
4.3	Did First Aider assess Pulse ? <i>(carotid or radial OK.)</i> <i>(correct to 110 regular and weak.)</i>	A	10	0
4.4	Did First Aider assess Skin Condition ? <i>(correct to pale and sweaty)</i>	A/S	10	0
4.5	Did First Aider check Skin Temperature ? <i>(correct to cool to touch)</i>	A	10	0
PAGE 2 SUB-TOTAL POINTS AWARDED				
Secondary Survey Page 1		(Possible 130)		

5.0	Casualty - Head to Toe Assessment			
5.1	Check scalp ? <i>(no deformity)</i>	A	10	0
5.2	Check eyes ? <i>(pupils equal, 4mm and reacts to light)</i>	A	10	0
5.3	Check nose ?	A	10	0
5.4	Check mouth ?	A	10	0
5.5	Check jaw ?	A	10	0
5.6	Check ears ?	A	10	0
5.7	Check neck ?	A	10	0
5.8	Check collarbones ?	A	10	0
5.9	Check shoulders ?	A	10	0
5.10	Check arms/hands ? <i>(closed fracture to left radius & a 2" cut across the palm of the left hand)</i>	A	10	0
5.11	Check chest ?	A	10	0
5.12	Check abdomen ?	A	10	0
5.13	Check back ?	A	10	0
5.14	Check pelvis ?	A	10	0
5.15	Check both legs ? <i>(impaled wire through left calf)</i>	A	10	0
5.16	Check both ankles and feet ? <i>(no deformity)</i>	A	10	0
6.0	ARM INJURY – Fractured left radius			
6.1	Was the fractured arm recognized ?	A/S	10	0
6.2	Was fractured arm supported throughout treatment ?	A	10	0
6.3	Was fractured arm splinted effectively ?	A	10	0
6.4	Was a sling applied or was arm supported effectively after immobilization ?	A	10	0
6.5	Was the circulation checked below the injury site after immobilization?	A/S	10	0
7.0	HAND INJURY – Laceration on Left Palm			
7.1	Was the laceration recognized ?	A/S	10	0
7.2	Was a sterile dressing applied to the laceration?	A	10	0
7.3	Was bandage applied to control bleeding?	A	10	0
8.0	IMPALED WIRE THROUGH LEG			
8.1	Was the impaled object recognized?	A/S	10	0
8.2	Was a sterile dressing applied around both puncture wounds?	A	10	0
8.3	Was the impaled wire steadied on both sides?	A	10	0
8.4	Was the leg effectively immobilized to prevent movement?	A	10	0
8.5	Was the leg elevated effectively?	A	10	0
8.6	Was the circulation checked below the injury site?	A/S	10	0
PAGE 3 SUB-TOTAL POINTS AWARDED				
Secondary Survey Page 2		(Possible 300)		

9.0	SHOCK AND GENERAL			
9.1	Was casualty covered “over” to lessen shock ?	A	10	0
9.2	Was casualty covered “under” to lessen shock ?	A	10	0
9.3	Was casualty reassured ?	A	10	0
9.4	Was casualty reassured more than once ?	A	10	0
9.5	Was the casualty kept at rest throughout treatment?	A	10	0
9.6	Was Level of consciousness reassessed? <i>(after regaining consciousness at start, casualty remains conscious but slow to respond throughout the scenario.)</i>	A	10	0
9.7	Was casualty’s temperature reassessed ? <i>(cool to touch)</i>	A	10	0
9.8	Was casualty’s pulse reassessed ? <i>(110 regular and weak.)</i>	A	10	0
9.9	Was casualty’s respirations reassessed ? <i>(25 regular and shallow.)</i>	A	10	0
10.0	Personal Protective Equipment			
10.1	Were gloves worn for duration of scenario ?	A	10	0
10.2	Were gloves effective ? <i>(Judges Note: torn gloves must be replaced.)</i>	A	10	0
PAGE 4 SUB-TOTAL POINTS AWARDED				
Secondary Survey Page 3		(Possible 110)		

11.0	Recording			
11.1	Was the date and time recorded ?	A	5	0
11.2	Was the patient's information recorded ?	A	5	0
11.3	Was the First Aider's information recorded ?	A	5	0
11.4	Was the initial Level of Consciousness recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.5	Was the initial Respirations recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.6	Was the initial Pulse recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.7	Was the initial Skin Condition recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.8	Was the initial Skin Temperature recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.9	Was the time recorded when the casualty regained consciousness ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.10	Was incident history recorded ?	A	5	0
11.11	Was the arm injury recorded ?	A	5	0
11.12	Was treatment for the arm injury recorded ?	A	5	0
11.13	Was the impaled object in the leg recorded ?	A	5	0
11.14	Was the treatment for the impaled object in the leg recorded ?	A	5	0
11.15	Did the First Aider record patient's allergy to Tylenol.	A	5	0
11.16	Did the First Aider record that the patient had eaten recently ?	A	5	0
11.17	Was the reassessed Level of Consciousness recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.18	Was the reassessed Respirations recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.19	Was the reassessed Pulse recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.20	Was the reassessed Skin Condition recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.21	Was the reassessed Skin Temperature recorded with time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.22	Was the reassessed Level of Consciousness recorded with the time taken ? <i>(If no time recorded, then no mark.)</i>	A	5	0

PAGE 5 SUB-TOTAL POINTS AWARDED

Secondary Survey Page 4

(Possible 110)

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