

**2005**

**35th ANNUAL ONTARIO OPEN  
First Aid Competition**

**DETACH PAGE AND GIVE TO TEAM WHEN DIRECTED TO DO SO**

**TEAM SCENARIO**

It is mid-afternoon, October 15th and your team is in attendance at a local hockey arena. The stands are crowded with parents and spectators watching an action filled hockey game played by 10 year olds. You are called to the stands by one of the parents.

Good luck! You have 15 minutes to complete the scenario.

N.B.

There will be an announcement of time after the first 3 minutes and again at the final 2 minutes.

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## **JUDGE'S COPY OF SCENARIO**

### **TEAM SCENARIO**

It is mid-afternoon, October 15th and your team is in attendance at a local hockey arena. The stands are crowded with parents and spectators watching an action filled hockey game played by 10 year olds. You are called to the stands by one of the parents.

N.B.

There will be an announcement of times after the first 3 minutes and again at the final 2 minutes.

### **INJURIES**

- Laceration right forehead 2 cm
- bleeding nose, blood from two nostrils
- Closed fracture of left elbow with minor swelling and redness
- Nausea
- Reduced level of consciousness (confused)

### **CASUALTY PROMPTS**

- Casualty is found lying on his/her back
- Casualty is conscious and breathing throughout scenario
- Casualty is feeling a little nauseous but has not vomited.
- Casualty ate about 1 hour ago, hotdog in the stands
- Casualty has no allergies.
- Casualty is currently taking 1 coated ASA (325mg) per day (heard it was a good thing to do) taken this morning.
- No past medical history
- If asked, single parent watching child play hockey.

### **PROPS**

- Casualty is wearing tyvec coveralls.

### **JUDGES' PROMPTS**

- Judge informs team that the area is safe. IF ASKED.
- Casualty's respirations are 25, regular and shallow throughout scenario.
- Casualty's pulse is 110 (regular and weak) throughout scenario.
- Casualty is conscious and confused throughout scenario
- Casualty's pupils are equal, 4 mm and reactive.
- Casualty's skin is cool and clammy throughout scenario.
- Radial pulse must be checked before and after splinting of the elbow.
- Capillary re-fill or temperature may be used to check for distal circulation check.
- If asked, single parent watching child play hockey

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Casualty Positioning

Team Scenario



2005

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First Aid Competition**

**TEAM Information**

Please **print** the following information:

**TEAM'S NAME** \_\_\_\_\_

**TEAM CAPTAIN'S NAME** \_\_\_\_\_

**JUDGE'S NAME (PRINT)** \_\_\_\_\_

**FLOOR POSITION (SQUARE #)** \_\_\_\_\_

**Page 1 Primary Survey Points Total** \_\_\_\_\_  
(Possible 300)

**Page 2, Secondary Survey Page 1, Sub-Total** \_\_\_\_\_  
(Possible 100)

**Page 3, Secondary Survey Page 2, Sub-Total** \_\_\_\_\_  
(Possible 260)

**Page 4, Secondary Survey Page 3, Sub-Total** \_\_\_\_\_  
(Possible 180)

**Page 5, Secondary Survey Page 4, Sub-Total** \_\_\_\_\_  
(Possible 120)

**Page 6, Secondary Survey Page 5, Sub-Total** \_\_\_\_\_  
(Possible 160)

**Secondary Survey Points Total** \_\_\_\_\_  
(Possible 820)

**Total Points Awarded**

Primary + Secondary Total (Possible 1120)

**2005**  
**35th ANNUAL ONTARIO OPEN**  
**First Aid Competition**  
**Team Scenario**

<b>SCENE / PRIMARY SURVEY:</b> This section is active for the first 3 minutes of the scenario only. During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey. <i>Actions in this section may be done in any order.</i>		<b>A/S</b>	<b>P O I N T S</b>	<b>N O T D O N E</b>
1.1	Did First Aider take charge of the situation? <i>(team tells casualty not to move? )</i>	<b>S</b>	<b>20</b>	<b>0</b>
1.2	Did First Aider I.D. self?	<b>A/S</b>	<b>20</b>	<b>0</b>
1.3	Did First Aider obtain consent to help?	<b>A/S</b>	<b>20</b>	<b>0</b>
1.4	Did First Aider call out for help from by-standers?	<b>S</b>	<b>20</b>	<b>0</b>
1.5	Were hazards assessed? <i>If asked: Judge informs team that the area is safe.</i>	<b>S</b>	<b>20</b>	<b>0</b>
1.6	Did First Aider put on protective gloves? <i>(vinyl, latex, etc; must actually be worn to receive marks)</i>	<b>A</b>	<b>20</b>	<b>0</b>
1.7	Did First Aider determine if there are other casualties? <i>(you have been assigned this patient only)</i>	<b>S</b>	<b>20</b>	<b>0</b>
1.8	Did First Aider determine/state the mechanism of injury? <i>(hit by puck and fell down stairs)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.9	Did First Aider assess responsiveness? <i>(level of consciousness: casualty is conscious and confused )</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.10	Did First Aider activate EMS? <i>( by-stander available to do this)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.11	Did First Aider assess airway ? <i>(No blood in mouth, patent airway)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.12	Did First Aider assess breathing? <i>(25 regular and shallow)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.13	Did First Aider assess pulse? <i>(present 110 regular &amp; weak)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.14	Did First Aider perform a rapid body survey? <i>(no gross bleeds)</i>	<b>A/S</b>	<b>20</b>	<b>0</b>
1.15	Did First Aider assess the casualty's skin condition and temperature ? <i>(skin is cool, pale and sweaty)</i>	<b>A</b>	<b>20</b>	<b>0</b>
<b>PAGE 1 SUB-TOTAL POINTS AWARDED</b>				
Primary Survey		(Possible 300)		

<b>SECONDARY SURVEY:</b> Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the <b>Primary Survey</b> . After the 3 first minutes, this is the only section that points shall be awarded to. <i>Actions in this section may be done in any order.</i>		<b>A/S</b>	<b>P O I N T S</b>	<b>N O T D O N E</b>
2.0	<b>HISTORY OF THE CASUALTY:</b>			
2.1	Did the First Aider ask bystanders if they know casualty? <i>(know it's one of the players parent)</i>	<b>S</b>	<b>10</b>	<b>0</b>
2.2	Did the First Aider check for a medical alert device? <i>(bracelet, necklace etc.) (none)</i>	<b>A/S</b>	<b>10</b>	<b>0</b>
2.3	Did the First Aider ask if casualty has any allergies? <i>(none)</i>	<b>S</b>	<b>10</b>	<b>0</b>
2.4	Did the First Aider ask if casualty had eaten? <i>(ate hotdog 1 hour ago )</i>	<b>S</b>	<b>10</b>	<b>0</b>
2.5	Did First Aider ask bystanders how the incident happened?	<b>S</b>	<b>10</b>	<b>0</b>
3.0	<b>CASUALTY'S VITAL SIGNS ASSESSMENT</b>			
3.1	Did First Aider determine Level of Consciousness? <i>(conscious and confused )</i>	<b>A</b>	<b>10</b>	<b>0</b>
3.2.	Did First Aider assess Respirations? <i>(correct to 25 regular and shallow.)</i>	<b>A</b>	<b>10</b>	<b>0</b>
3.3	Did First Aider assess Pulse? <i>(carotid or radial OK.)</i> <i>(correct to 110 regular and weak.)</i>	<b>A</b>	<b>10</b>	<b>0</b>
3.4	Did First Aider assess Skin Condition? <i>(correct to pale and sweaty)</i>	<b>A/S</b>	<b>10</b>	<b>0</b>
3.5	Did First Aider check Skin Temperature? <i>(correct to cool to touch)</i>	<b>A</b>	<b>10</b>	<b>0</b>
<b>PAGE 2 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 1		(Possible 100)		

4.0	<b>CASUALTY – HEAD TO TOE ASSESSMENT</b>			
4.1	Check scalp? ( <i>laceration to right forehead</i> )	A	10	0
4.2	Check eyes? ( <i>pupils equal, 4mm and reacts to light</i> )	A	10	0
4.3	Check nose? ( <i>blood in both nostrils</i> )	A	10	0
4.4	Check mouth? ( <i>mouth is clear</i> )	A	10	0
4.5	Check jaw? ( <i>no deformity</i> )	A	10	0
4.6	Check ears? ( <i>ears clear – no fluid</i> )	A	10	0
4.7	Check neck? ( <i>no deformity</i> )	A	10	0
4.8	Check collarbones? ( <i>no deformity</i> )	A	10	0
4.9	Check shoulders? ( <i>no deformity</i> )	A	10	0
4.10	Check arms/hands? ( <i>pain and deformity to left elbow</i> )	A	10	0
4.11	Check chest ( <i>no deformity</i> )	A	10	0
4.12	check abdomen? ( <i>casualty experiences no pain upon palpation</i> )	A	10	0
4.13	check back? ( <i>no deformity</i> )	A	10	0
4.14	check pelvis? ( <i>no deformity</i> )	A	10	0
4.15	Check both legs? ( <i>no deformity</i> )	A	10	0
4.16	Check both ankles and feet? ( <i>no deformity</i> )	A	10	0
5.0	<b>HEAD INJURY (<i>Blood from nose</i>)</b>			
5.1	Was the suspected skull fracture recognized?	A/S	10	0
5.2	Was the head/spine supported appropriately to prevent further spinal damage?	A	10	0
5.3	Was the blood draining from the nose recognized?	A/S	10	0
5.4	Was casualty warned not to blow nose?	S	10	0
5.5	Was trickling blood wiped or prevented from running into the mouth?	A/S	10	0
5.6	Was nostrils pinched in an attempt to stop bleeding? ( <i>about 10 minutes</i> )	A/S	10	0
5.7	Was casualty assessed for difficulty in breathing or choking after pinching of the nostrils?	A	10	0
5.8	Was a "C-collar" applied effectively? ( <i>and/or head steadied and supported effectively</i> )	A	10	0
5.9	Was breathing checked after collar applied or head/neck stabilized?	A	10	0
5.10	Was casualty asked to warn team if they are going to vomit?	S	10	0
<b>PAGE 3 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 2		(Possible 260)		

6.0	<b>FRACTURED LEFT ELBOW</b>			
6.1	Was the closed fracture of the left elbow recognized?	<b>A/S</b>	<b>10</b>	<b>0</b>
6.2	Was circulation below the fracture assessed?	<b>A</b>	<b>10</b>	<b>0</b>
6.3	<b>Did First Aider ask if casualty is able to straighten or bend the arm? (no)</b>	<b>A</b>	<b>10</b>	<b>0</b>
6.4	Was support applied during splinting?	<b>A</b>	<b>10</b>	<b>0</b>
6.5	<b>Was the arm effectively immobilized?</b> <i>(without bending/straightening)</i> <i>(Any effective method is OK: Speed splint; board, etc.)</i>	<b>A</b>	<b>10</b>	<b>0</b>
6.6	Were bandages, used to immobilize the arm checked for tightness?	<b>A</b>	<b>10</b>	<b>0</b>
6.7	Was cold applied to the injured limb?	<b>A</b>	<b>10</b>	<b>0</b>
6.8	Was circulation below the fracture assessed after splinting ?	<b>A</b>	<b>10</b>	<b>0</b>
7.0	<b>FRACTURED LEFT ANKLE</b>			
7.1	Was the Closed fracture of the left ankle recognized?	<b>A/S</b>	<b>10</b>	<b>0</b>
7.2	Was circulation below the fracture assessed?	<b>A</b>	<b>10</b>	<b>0</b>
7.3	Did First Aider ask if casualty is able to move the ankle? <i>(Pain if moved)</i>	<b>A</b>	<b>10</b>	<b>0</b>
7.4	Was support applied during splinting?	<b>A</b>	<b>10</b>	<b>0</b>
7.5	Was the ankle effectively immobilized ? <i>(Any effective method is OK: Speed splint; board, etc.)</i>	<b>A</b>	<b>10</b>	<b>0</b>
7.6	Were bandages used to immobilize the ankle checked for tightness?	<b>A</b>	<b>10</b>	<b>0</b>
7.7	Was cold applied to the injured limb?	<b>A</b>	<b>10</b>	<b>0</b>
7.8	Was circulation below the fracture assessed after splinting ?	<b>A</b>	<b>10</b>	<b>0</b>
8.0	<b>LACERATION TO RIGHT FOREHEAD</b>			
8.1	Was 2 cm laceration to right forehead assessed?	<b>A</b>	<b>10</b>	<b>0</b>
8.2	Was sterile dressing applied to laceration?	<b>A</b>	<b>10</b>	<b>0</b>
<b>PAGE 4 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 3		(Possible 180)		



9.0	<b>SHOCK AND GENERAL</b>			
9.1	Was casualty covered “over” to lessen shock?	A	10	0
9.2	Was casualty covered “under” to lessen shock?	A	10	0
9.3	Was casualty reassured?	A	10	0
9.4	Was casualty reassured more than once?	A	10	0
9.5	Was Level of Consciousness reassessed? <i>(casualty remains conscious but confused)</i>	A	10	0
9.6	Was casualty’s temperature reassessed? <i>(cool to touch)</i>	A	10	0
9.7	Was casualty’s pulse reassessed? <i>(110 regular and weak.)</i>	A	10	0
9.8	Was casualty’s respirations reassessed? <i>(25 regular and shallow.)</i>	A	10	0
9.9	Did First Aider determine that casualty was feeling nauseous?	S	10	0
9.10	Was somebody sent to notify the Coach that the parent is being taken to the hospital?	A/S	10	0
10.0	<b>PERSONAL PROTECTIVE EQUIPMENT</b>			
10.1	Were gloves worn for duration of scenario?	A	10	0
10.2	Were gloves effective? <i>(Judges Note: torn gloves must be replaced.)</i>	A	10	0
<b>PAGE 5 SUB-TOTAL POINTS AWARDED</b>				
Secondary Survey Page 4		(Possible 120)		

11.0	<b>RECORDING</b>			
11.1	Was the date and time recorded?	A	5	0
11.2	Was the patient's information recorded?	A	5	0
11.3	Was the First Aider's information recorded?	A	5	0
11.4	Was the initial Level of Consciousness recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.5	Was the initial Respirations recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.6	Was the initial Pulse recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.7	Was the initial Skin Condition recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.8	Was the initial Skin Temperature recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.9	Was incident history recorded?	A	5	0
11.10	Was mechanism of injury recorded? <i>(hit with puck, fell down stairs)</i>	A	5	0
11.11	Was the head injury recorded?	A	5	0
11.12	Was the patient's medications recorded?	A	5	0
11.13	Was treatment for the head injury recorded?	A	5	0
11.14	Was the blood from the nose recorded?	A	5	0
11.15	Was the application of pressure to soft tissue of nose recorded?	A	5	0
11.16	Was the suspected neck injury recorded?	A	5	0
11.17	Was treatment for the suspected neck injury recorded?	A	5	0
11.18	Was Casualty's feeling of nausea recorded?	A	5	0
11.19	Was the fractured left elbow identified?	A	5	0
11.20	Was treatment for the fractured left elbow recorded?	A	5	0
11.21	Was the fractured left ankle identified?	A	5	0
11.22	Was treatment for the fractured left ankle recorded?	A	5	0
11.23	Was the laceration on the right forehead recorded?	A	5	0
11.24	Was the dressing applied to the right forehead recorded?	A	5	0
11.25	Did the First Aider record that the patient had eaten recently?	A	5	0
11.26	Was the reassessed Level of Consciousness recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.27	Was the reassessed Respirations recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.28	Was the reassessed Pulse recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.29	Was the reassessed Skin Condition recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.30	Was the reassessed Skin Temperature recorded with time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.31	Was the reassessed Level of Consciousness recorded with the time taken? <i>(If no time recorded, then no mark.)</i>	A	5	0
11.32	Was notification of child recorded?	A	5	0

**PAGE 6 SUB-TOTAL POINTS AWARDED**

Secondary Survey Page 5

(Possible 160)