## 2008 38th Annual Ontario Open First Aid Competition

### Trailer TEAM SCENARIO

### **Background Scenario**

#### "SKID ROW"

You and your partner are attending a Health and Safety Conference at the Construction Safety Association of Ontario in Etobicoke. It is fall. As you travel from one session to another, you suddenly hear screaming, from a group of trailers parked nearby. As you arrive at the scene of the screaming, you see a pile of boxes, which appear to have fallen off a skid.

Good luck! You have 20 minutes to complete the scenario.

N.B.

There will be an announcement of time after the first 3 minutes and again at the final 2 minutes.

#### INJURIES

- Open wound on anterior surface, left lower leg (open fracture, no bones protruding)
- Open wound over mid left ribs, frothy blood visible when shirt is opened to expose wound. Blood on shirt. (sucking chest wound)
- Nausea
- Reduced level of consciousness (confused)
- Rib area sore on left side, some bruising around open area.
- Bruising left elbow-possible fracture.

#### CASUALTY PROMPTS

- Casualty is found lying on his left side. You were struck by the forklift loading boxes into the trailer.
- Casualty is conscious and breathing throughout scenario
- Casualty is feeling a little nauseated but has not vomited.
- Casualty has not eaten since dinner previous evening.
- Casualty has no allergies
- Casualty is currently taking Advil 400 mg, for sore shoulders, he is new to this type of work.
- Past medical history, casualty has asthma, takes Ventolin and Atrovent.
- Casualty has excruciating pain to left ribs and is having difficulty breathing (gasping breaths).
- Casualty is complaining of pain in leg. "Felt like something snapped in my leg."
- Casualty complains of pain left elbow-"I think I fell on it"

#### PROPS

- Casualty is wearing work clothes (shirt and jeans). Was struck by forklift loading skids into truck
- Skids and boxes inside of a cargo type trailer Props needed for scenario
- Male casualties only dressed in work type clothes or Tyvec coveralls
- Seven stocked first aid kits type 2 (restocked with 4x4's and triangulars and lots of tape each the nonallergenic type is preferred for each run through)
- 7 inhalers marked VENTOLIN
- Lots of cardboard boxes for each truck
- A wooden skid for each truck, and a broken board to simulate a broken skid which can be used as a splint.
- Zip Lock Sandwich Bags (1 box/100)

#### JUDGES' PROMPTS

- Judge informs team that the area is safe. IF ASKED. Casualty was struck by forklift as it was loading boxes into trailer. Forklift has been turned off and secured.
- Casualty's respirations are 30, regular and shallow (improve to 22 if open chest wound is sealed on 3 sides) Using ventolin inhaler does nothing to improve casualties condition.
- Casualty's pulse is 120 (regular and weak) throughout scenario.
- Casualty is conscious and "dazed" throughout scenario, doesn't think boxes hit his head.
- Casualty's pupils are equal, 3 mm and reactive.
- Casualty's skin is pale, cool and clammy throughout scenario.
- Pedal (foot) pulse must be checked before and after splinting of the leg.
- Capillary re-fill must be used to check for distal circulation check.
- Plastic over wound to be sealed on 3 sides only.

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Trailer TEAM SCENARIO
<b>TEAM Information</b> Please <u>print</u> the following information:
Team Number
Team Member #1
Team Member #2
Judges' Names
Page 4 Primary Survey Points Total
Page 5, Secondary Survey, Sub-Total
Page 6, Secondary Survey , Sub-Total
Page 7, Secondary Survey , Sub-Total
Page 8, Secondary Survey, Sub-Total
Page 9, Secondary Survey, Sub-Total
Secondary Survey Points Total
Total Points Awarded Primary + Secondary Total (Possible 980)

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<b>SCENE / PRIMARY SURVEY:</b> This section is active for the first 3 minutes of the scenario only. During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey. <i>Actions in this section may be done in any order.</i>		A/S	P O I N T S	N O T D O N E
1.1	Did First Aider take charge of the situation? (team tells casualty not to move?)	S	20	0
1.2	Did First Aider I.D. self?	A/S	20	0
1.3	Did First Aider obtain consent to help?	A/S	20	0
1.4	Did First Aider call out for help from by-standers?	S	20	0
1.5	Were hazards assessed? If asked: Judge informs team that the area is safe, other than boxes.	S	20	0
1.6	Did First Aider put on protective gloves? (vinyl, latex, etc; must actually be worn to receive marks)	Α	20	0
1.7	Did First Aider determine if there are other casualties? ( <i>none</i> )	S	20	0
1.8	Did First Aider determine/state the mechanism of injury? (While loading trailer, forklift struck casualty with skid of boxes, which then fell off skid)	A/S	20	0
1.9	Did First Aider assess responsiveness? (level of consciousness: casualty is conscious and confused)	A/S	20	0
1.10	Did First Aider activate EMS? ( by-stander/judge is available to do this)	A/S	20	0
1.11	Did First Aider assess airway? (No blood in mouth, patent airway)	A/S	20	0
1.12	Did First Aider assess breathing? (30 regular and shallow)	A/S	20	0
1.13	Did First Aider assess pulse? (present 120 regular & weak)	A/S	20	0
1.14	Did First Aider perform a rapid body survey? ( open chest wound and open area lower left leg)	A/S	20	0
1.15	Did First Aider assess the casualty's skin condition and temperature ? ( <i>skin is cool, pale and sweaty</i> )	A	20	0
	GE 4 SUB-TOTAL POINTS AWARDED ary Survey (Possible 300)			

SEC	<b>CONDARY SURVEY</b> : Actions in this section may		_	N
be performed by the competitor in the first 3 minutes of		A/S	P O	O T
the s	the scenario as well as the <b>Primary Survey.</b> After the 3		I	1
	first minutes, this is the only section that points shall be		Ν	D
	awarded to.		T	0
	ons in this section may be done in any order.		S	N E
2.0 HISTORY OF THE CASUALTY:				
2.1	Did the First Aider ask bystanders if they know casualty?	S	10	0
2.2	(no one knows casualty, he's a new hire) Did the First Aider check for a medical alert device? (bracelet, necklace etc.) (none)	A/S	10	0
2.3	Did the First Aider ask if casualty has any allergies?	S	10	0
2.4	Did First Aider ask casualty how the incident happened?	S	10	0
3.0	CASUALTY'S VITAL SIGNS ASSESSMENT			
3.1	Did First Aider determine Level of Consciousness? (conscious and confused)	А	10	0
3.2.	Did First Aider assess Respirations? (correct to 30 regular and shallow.)	Α	10	0
3.3	Did First Aider assess Pulse? (carotid or radial OK.) (correct to 120 regular and weak.)	Α	10	0
3.4	Did First Aider assess Skin Condition? (correct to pale and sweaty)	A/S	10	0
3.5	Did First Aider check Skin Temperature? (correct to cool to touch)	Α	10	0
PA	GE 5 SUB-TOTAL POINTS AWARDED			
Seco	ondary Survey (Possible 90)			

4.0	CASUALTY – HEAD TO TOE ASSESSMENT			
4.1	Check Scalp? (clear)	Α	10	0
4.2	Check Eyes? (pupils equal, 3mm and reacts to light)	Α	10	0
4.3	Check Nose? (nothing)	Α	10	0
4.4	Check Mouth? (mouth is clear)	Α	10	0
4.5	Check Jaw? (no deformity)	Α	10	0
4.6	Check Ears? (ears clear – no fluid)	Α	10	0
4.7	Check Neck? (no deformity)	Α	10	0
4.8	Check Collarbones? (no deformity)	Α	10	0
4.9	Check Shoulders? (no deformity)	Α	10	0
4.10	Check both Arms/Hands? (deformity left elbow)	Α	10	0
4.11	Check Chest ( <i>left side is painful and bruised, small open area is bleeding-frothy blood</i> )	Α	10	0
4.12	check Abdomen? (casualty experiences no pain upon palpation)	Α	10	0
4.13	check Back? (no deformity)	Α	10	0
4.14	check Pelvis? (no deformity)	Α	10	0
4.15	Check both Legs? (open area left leg, no bones protruding)	Α	10	0
4.16	Check both Ankles and Feet? (no deformity)	Α	10	0
5.0	CHEST INJURY (Blood from LEFT CHEST)			
5.1	Was the open chest injury exposed?	A/S	10	0
5.2	Was the open chest injury recognized?	Α	10	0
5.3	Was the chest wound sealed effectively? ( occlusive dressing sealed on 3 side, if 4 sides breathing goes to 40 per minute)	A	10	0
5.4	Was breathing re-checked after chest wound sealed? (Breathing slows to 22 if proper treatment)	A	10	0
	PAGE 6 SUB-TOTAL POINTS AWARDED			
	Primary Survey (Possible 200)			

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6.0	FRACTURED LEFT ELBOW			
6.1	Was the closed fracture of the left elbow recognized?	A/S	10	0
6.2	Was circulation below the fracture assessed?	Α	10	0
6.3	<b>Did First Aider ask if casualty is able to straighten or</b> <b>bend the arm?</b> (not to bend elbow)	A	10	0
6.4	Was arm supported during immobilization?	Α	10	0
6.5	Was the arm effectively immobilized? (without bending/straightening) (Any effective method is OK: board, slings etc.)	Α	10	0
6.6	Was circulation below the fracture assessed after splinting?	Α	10	0
7.0	FRACTURED LEFT Lower Leg			
7.1	Was the OPEN fracture of the left lower leg recognized?	A/S	10	0
7.2	Was circulation below the fracture assessed?	Α	10	0
7.3	Was a sterile dressing applied over the open wound?	Α	10	0
7.4	Did First Aider ask if casualty is able to move toes on left foot? ( <i>Pain if moved</i> )	Α	10	0
7.5	Was support applied during immobilization?	Α	10	0
7.6	Was the leg effectively immobilized? (Any effective method is OK: blanket splint; board, etc.)	А	10	0
7.7	Were bandages used to immobilize the leg checked for tightness?	Α	10	0
7.8	Was circulation below the fracture assessed after immobilization?	Α	10	0
PAG	E 7 SUB-TOTAL POINTS AWARDED			
Secon	dary Survey (Possible 140)			

8.0	SHOCK AND GENERAL			
8.1	Was casualty covered "over" to lessen shock?	Α	10	0
	(also for warm-protect from elements)			
8.2	Was casualty reassured?	Α	10	0
8.3	Was casualty reassured more than once?	Α	10	0
8.4	Was Level of Consciousness reassessed? (casualty remains conscious but confused)	Α	10	0
8.5	Was casualty's temperature reassessed? (cool to touch)	Α	10	0
8.6	Was casualty's pulse reassessed? (110 regular and weak.)	Α	10	0
8.7	Was casualty's respirations reassessed? (25 regular and shallow.)	Α	10	0
8.8	Did First Aider determine that casualty was feeling nauseous?	S	10	0
8.9	Was somebody sent to notify the foreman that the patient is being taken to the hospital?	A/S	10	0
9.0	PERSONAL PROTECTIVE EQUIPMENT			
9.1	Were gloves worn for duration of scenario?	Α	10	0
9.2	Were gloves effective? (Judges Note: torn gloves must be replaced.)	Α	10	0
PA	GE 8 SUB-TOTAL POINTS AWARDED			
Seco	ondary Survey (Possible 110)			

10.0	RECORDING			
10.1	Was the date and time recorded?	A	5	0
10.2	Was the patient's information recorded?	Α	5	0
10.3	Was the First Aider's information recorded?	Α	5	0
10.4	Was the initial Level of Consciousness recorded with the time	Α	5	0
10 7	taken? (If no time recorded, then no mark.)		_	-
10.5	Was the initial Respirations recorded with the time taken? ( <i>If no time recorded, then no mark.</i> )	Α	5	0
10.6	Was the initial Pulse recorded with the time taken?	Α	5	0
10.7	( <i>If no time recorded, then no mark.</i> ) Was the initial Skin Condition recorded with the time taken?	•		-
10.7	( <i>If no time recorded, then no mark.</i> )	Α	5	0
10.8	Was the initial Skin Temperature recorded with the time taken?	Α	5	0
10.9	(If no time recorded, then no mark.) Was incident history recorded?	•	_	0
	Was incident history recorded?	Α	5	0
10.10	Was mechanism of injury recorded? ( <i>struck by forklift-hit by boxes</i> )	A	5	0
10.11	Was the chest wound recorded?	Α	5	0
10.12	Was the patient's medications recorded? (Ventolin and Atrovent)	Α	5	0
10.13	Was bruising of chest recorded?	Α	5	0
10.14	Was the frothy bleeding recorded?	A	5	0
10.15	Was treatment for the chest injury recorded?	A	5	-
10.15	Was Casualty's feeling of nausea recorded?			0
10.17	Was the fractured left elbow identified?		5	0
		<u>A</u>	5	0
10.18	Was treatment for the fractured left elbow recorded?	A	5	0
10.19	Was the open fracture left leg identified?	A	5	0
10.20	Was treatment for the fractured left leg recorded?	Α	5	0
10.21	Did the First Aider record when/what the patient last ate?	Α	5	0
10.22	Was the reassessed Level of Consciousness recorded with the time	Α	5	0
10.22	taken? (If no time recorded, then no mark.)		-	
10.23	Was the reassessed Respirations recorded with the time taken? ( <i>If no time recorded, then no mark.</i> )	Α	5	0
10.24	Was the reassessed Pulse recorded with the time taken?	Α	5	0
10.25	<i>(If no time recorded, then no mark.)</i> Was the reassessed Skin Condition recorded with the time taken?	•	_	0
10.25	(If no time recorded, then no mark.)	Α	5	0
10.26	Was the reassessed Skin Temperature recorded with time taken?	Α	5	0
10.27	<i>(If no time recorded, then no mark.)</i> Was the reassessed Level of Consciousness recorded with the time	٨	_	
10.27	taken? (If no time recorded, then no mark.)	Α	5	0
10.28	Was notification of EMS recorded?	Α	5	0
PAC	E 9 SUB-TOTAL POINTS AWARDED		•	
Seco	ndary Survey (Possible 140)			