

**SUBJECT 1T 4.0**  
**CIRCULATORY CONDITIONS/WOUNDS AND BLEEDING**

<b>NUMBER</b>	<b>TRAINING STANDARD</b>	<b>K/S</b>	<b>REFERENCES</b>	<b>TIME (Minutes)</b>
1T 4.1	Explain the anatomy and physiology of the circulatory system.	K	FOTS Chapter 16	15
1T 4.2	Explain the indications for, three methods, and interpretations of the body temperature.  Demonstrate the technique for taking temperature: a) orally b) rectally (simulate or describe) c) axillary	K  S	FOTS Chapter 11  CTS (Controlling Temperature) FHC Chapter 7	30
	Demonstrate correct care and cleaning of a thermometer	S	FHC Chapter 7	
1T 4.3	Describe the characteristics and uses of the triangular bandage (9 uses), commercial dressings and bandages, and cold compresses or cold pack.  Demonstrate the use of the triangular bandage as: a) broad bandage b) narrow bandage c) arm sling d) St. John tubular sling e) ring pad f) head bandage g) hand and foot bandage h) elbow and knee bandage	K  S	FOTS Chapter 6 FOTS-AB Chapters 11, 15  FOTS Chapter 6 FOTS-IG Chapters 5, 11, 15	15  60
1T 4.4	State five measures to prevent further contamination and infection to a wound, and the role of the first aider regarding tetanus.  Demonstrate how to clean a wound.	K  S	FOTS Chapter 6 FOTS-AB Chapter 15 FHC Chapters 4, 12  FHC Chapters 4, 12	
1T 4.5	Define the terms: a) wound b) external and internal bleeding c) slight and severe bleeding.	K	FOTS Chapter 6 FOTS-AB Chapters 5, 15	

**SUBJECT 1T 4.0**  
**CIRCULATORY CONDITIONS/WOUNDS AND BLEEDING**

<b>NUMBER</b>	<b>TRAINING STANDARD</b>	<b>K/S</b>	<b>REFERENCES</b>	<b>TIME (Minutes)</b>
1T 4.6	Describe signs and symptoms of arterial and venous bleeding.	K	FOTS Chapter 6 FOTS-AB Chapter 5	60
	State the principles for the control of severe bleeding.			
	Demonstrate the techniques used to control severe bleeding from a wound with no embedded object.	S	FOTS-IG Chapter 5	
	State and demonstrate the techniques used to control severe bleeding from a wound with an embedded object.	K/S	FOTS Chapter 6 FOTS-IG Chapter 15	
	Describe the techniques used to control bleeding from the nose, ear, scalp, gums, tongue and cheek.	K	FOTS Chapter 6 FOTS-AB Chapter 15	
1T 4.7	Demonstrate the techniques used to control bleeding from the palm of the hand.	S	FOTS Chapter 6 FOTS-IG Chapter 15	30
	Demonstrate the patient care for a crushed hand.	S	FOTS Chapter 6	
	Describe the causes of impaired distal circulation.	K	FOTS Chapter 6	
	Describe the signs and the effects of impaired distal circulation.	K	FOTS Chapter 6	
1T 4.8	Demonstrate, on a simulated patient, how to check for and monitor distal circulation.	S	FOTS Chapter 6	30
	Demonstrate, on a simulated patient, how to improve distal circulation, when a limb has been bandaged.	S	FOTS Chapter 6	
	Demonstrate the patient care for wounds of the abdomen, with and without protruding organs.	S	FOTS Chapter 6 FOTS-AB Chapter 15	

**SUBJECT 1T 4.0  
CIRCULATORY CONDITIONS/WOUNDS AND BLEEDING**

<b>NUMBER</b>	<b>TRAINING STANDARD</b>	<b>K/S</b>	<b>REFERENCES</b>	<b>TIME (Minutes)</b>
	Demonstrate the patient care for a penetrating wound of the chest.	S	FOTS Chapter 4 FOTS-IG Chapter 14	
1T 4.9	Describe the patient care procedures for partial and complete amputations.	K	FOTS Chapter 6 FOTS-AB Chapter 5	15
1T 4.10	Describe the signs and symptoms of, and the complete patient care procedures for, internal bleeding, shock and unconsciousness.	K	FOTS Chapters 1, 6 FOTS-AB Chapters 2, 5	30
1T 4.11	Describe the purpose of dressings and demonstrate the procedures to be used in changing dressings and caring for wounds.	K/S	FOTS Chapter 6 FHC Guide Chapter 12	15
			<b>TOTAL TIME</b>	<b>300</b>