



2.090 Swimming and Water Safety



Most provinces have specific requirements regarding supervision of swimming and boating activities at organised camps. Leaders planning camps should be aware of and ensure that such regulations are followed, and make the necessary arrangements for qualified lifeguards. Some swim areas offer on site lifeguards at specific times of day. Check your resources.



The good old summertime is also the time when the newspapers are full of reports of swimming and boating accidents. One way to prevent yourself from being part of those statistics is to follow these five steps:

1. Qualified lifeguards
2. Swimming tests
3. A safe swimming area
4. A buddy system
5. Discipline