



When setting up and running a waterfront activity, follow these safety precautions:

- Campers may only swim during programmed swimming times under the supervision of qualified lifeguards. No swimming after dark.
- Use and test the "buddy system" while swimming. Swimmers must be counted before entering the water and paired up with a buddy. After everyone has left the water swimmers must also be counted.
- Before swimming is permitted, have the lifeguards check out the swimming area for safety [depth, current, undertow, pollution, weeds, rocks, glass, cans, sudden drops, etc.], and mark off the swimming area with lines and markers.
- Have adequate life saving equipment available at the waterfront, including reaching assists, lifejackets, life lines, and a boat if possible.
- All swimmers must be tested for ability and marked with appropriate insignia to designate level of competency. Poor swimmers should wear life jackets while swimming.

About three thousand people a year die in drowning accidents. Some of them might still be alive if someone near by had known what to do.

