



3.023

Sample Menus

Dinners

Example 1

Roast beef
Roast potatoes
Pears & Ice Cream
Drink

Example 3

Poached eggs on spinach
Boiled potatoes
Steamed pudding
Jam sauce
Drink

Example 5

Fried fish
Chipped potatoes
Green peas
Apple pie & cheese
Drink

Example 7

Tomato juice
Corned beef hash
Fruit cocktail
Drink

Example 9

Soup
Macaroni & Cheese
Green beans, Tomatoes
Peaches & cream
Drink

Example 2

Liver & bacon
Mashed potatoes
Tomatoes
Plums and cake
Drink

Example 4

Lamb or Pork Chops
Boiled potatoes
Lima beans
Jam tart
Drink

Example 6

Barbecued chicken
Sauce
Baked potatoes in jackets
Cole Slaw
Fresh fruit
Drink

Example 8

Soup
Minute Steak
Onions
Mashed potatoes
Instant pudding
Drink

Example 10

Soup
Hamburger
French fries
Buttered carrots
Instant pudding
Drink