



Even with the best run camp, accidents can still happen. Have one Leader designated as responsible for First Aid & Medical.



In a large camp this is often this person's only responsibility, and you may seek someone with higher qualifications such as a Registered Nurse to fill the role. You may also need to seek appropriate training relevant to your campers medical histories (e.g.. training in the administration of ANA-kits, Epinephrine injections).

The size and type of camp, and the medical history of your Campers will determine what First Aid equipment should be taken to camp. You should also factor in how easily accessible the Emergency Medical System is. (As part of the preparations for the Camp, you will have established the locations of the nearest hospitals, and doctor's office or medical clinic).

If campers have medications that require refrigeration, be prepared to undertake this for them.

The age of your campers, and the type of medication that they have will influence your decision as to whether the medication should be turned in to the Leader, or held by the Camper. For instance, asthmatics, diabetics and those who suffer severe allergy problems are usually trained in administering their own medications. Those who suffer acute allergy problems must generally carry their medications with them at all times.