

CATEGORY C

SUBJECT:

CAMPING

OBJECTIVE(S)

To gain the knowledge and skills necessary to become a competent and skilled camper. The candidate will be able to plan and execute a camping excursion, while keeping the conservation of nature in mind.

PREREQUISITES

Knowledge of mapping and compassing.

INSTRUCTORS/EVALUATORS

- St. John personnel with proper camping experience.
- Boy Scout/Girl Guide Leaders/Instructors.
- Other appropriately qualified and responsible persons.

REFERENCES AND MATERIALS

- St. John Ambulance, *National Camp Accreditation Certificate Program*.
- St. John Ambulance, *Cadet Camping Manual*, available at National Headquarters, stock no. 2112.
- St. John Ambulance, *Camp Leadership Manual*, Ontario Council. Copies available through your Provincial/Territorial Council.
- *Fieldcraft for Canadian Scouting*, available at Scout shops, stock no. 20-667.
- St. John Ambulance, *First on the Scene* text book. Copies available through your Provincial/Territorial Council.
- St. John Ambulance, *Wilderness First Aid* text book. Copies available through your Provincial/Territorial Council.

CONTENT

The candidate must demonstrate proficiency in the following:

1. Knowledge and care of tents; and the ability to pitch and strike a tent.
2. Choosing an appropriate camp site.
3. Knowledge of good nutrition and suitable storage of food for preservation and protection from wildlife.
4. Ensuring or obtaining safe drinking water.
5. Cooking a simple meal over an open fire or portable stove.
6. Knowledge to plan a camping excursion; including researching the surroundings and the wildlife.
7. Preparing (set up) a light and tent camp fire for the purposes of heat and cooking including safety precautions in forest areas.
8. Emergency survival knowledge and ability to perform appropriate first aid when required and/or ability to improvise.
9. Selecting appropriate clothing and supplies for the duration and climate of the trip.

10. Using a compass and emergency signaling device.
11. Checking all equipment to be used on the trip (e.g. tents, stoves, emergency signals, compass, etc.).
12. Knowledge of wilderness safety and environmental conservation (e.g. proper toiletry methods in the wilderness).
13. Demonstrating basic knots with a rope (ie. Bowline, hitches, reef, overhand and figure "8s").
14. Constructing and taking down a simple shelter.

DURATION

The minimum duration for this proficiency is:

1. At least one preparatory training camp where all necessary skills and knowledge are obtained. This can be confirmed either by a written, or oral practical test or a combination.
2. One excursion that is planned and executed by the camper(s), of at least 4 days and 3 nights in length, assessed by the Instructor/Evaluator who accompanies the camper(s) on the trip (a minimum of 2 campers plus the Instructor/Evaluator).

CERTIFICATION

The candidate must demonstrate the following:

1. Ability to perform and demonstrate the above mentioned skills and knowledge to the satisfaction of the Instructor/Evaluator.
2. Organizational skills and team work ability.
3. Successfully complete the planning and execution of the testing journey.

CATEGORY C - OUTDOOR ACTIVITIES

CERTIFICATION OF SUCCESSFUL COMPLETION OF PROFICIENCY SUBJECT

CAMPING

Instructors/Evaluators should carefully consider the age, ability and accessibility to resource materials of each candidate.

The candidate has completed the above content and meets the requirements to the satisfaction of the Instructor/Evaluator.

Name of Instructor/Evaluator: _____

Agency: _____

Address: _____ Tel #: _____

Instructor qualifications: _____

I certify that

_____ of _____
(candidate's name) (Division #)

meets the criteria of this proficiency subject, as laid out on the previous page(s).

Instructor/Evaluator (signature) Date

Divisional Superintendent (signature) Date