

CATEGORY C

SUBJECT:

**RECREATIONAL
BOATING**

OBJECTIVE(S)

To achieve competency in the safe handling of either a sail boat, motor boat, or canoe.

PREREQUISITES

None.

INSTRUCTORS/EVALUATORS

- Instructors of a Yacht or Canoe Club
- Officers of Canadian Sea Cadets/Navy League Cadets
- Experienced adults qualified through a recognized organization i.e., Scout or Guide Leader
- National or Provincial Park Staff

REFERENCES AND MATERIALS

- Local libraries
- Appropriate Federal, Provincial, or Municipal government agency, ministry or department dealing with:
 - a) Safety, navigation and pleasure crafts
 - b) Small boat safety
- Canadian Coast Guard regulations and prevention program
- Yacht or Canoe Clubs
- Navy
- Internet

CONTENT

Sailing

1. Navigation rules and regulations.
2. Use of proper terminology in describing the components of the vessel.
3. Knots necessary to handle a sailboat i.e., tie and use.
4. Operation:
 - a) Sails, lines, riggings, helm, etc.
 - b) Take the bearings, keep the course, use a life jacket.
5. Safety precautions (eg. use of personal flotation device), and emergency action (eg. bailing)

OR

Motor Boat

1. Navigation rules and regulations.
2. Use of proper terminology in describing the components of the vessel/boat.

3. Knots necessary to handle a motor boat, i.e., tie and use.

CATEGORY C - OUTDOOR ACTIVITIES

4. Operation:
 - a) An understanding of the boat's operation, i.e. fuel and oil combination, priming, choke, starting procedures.
 - b) Driving skills.
5. Safety precautions (eg. use of personal flotation device), and emergency action (eg. bailing)

OR

Canoeing

1. Canoe: names and functions of the parts.
2. Terminology: know and use the proper terms of Canoeing.
3. Paddle: size, parts, types, storage, etc.
4. How to correctly launch and board, correct seating in the canoe.
5. Different paddle strokes:
 - a) Cross Bow Rudder
 - b) Bow Rudder
 - c) Straight Strokes
 - d) J-Stroke
 - e) Sweep or "C" Stroke
 - f) Draw Stroke.
6. Docking, disembarking and storing the canoe.
7. How to keep afloat and bring to shore a capsized canoe and its passengers.
8. Water safety and personal flotation devices. (Be able to swim at least 50 yards in light clothing, without the aid of a life preserver.)

DURATION

As required.

CERTIFICATION

The Instructor/Evaluator must be satisfied that the candidate can perform the required skills as well as understand the related theoretical knowledge to perform at a satisfactory level.

CERTIFICATION OF SUCCESSFUL COMPLETION OF PROFICIENCY SUBJECT

RECREATIONAL BOATING

Instructors/Evaluators should carefully consider the age, ability and accessibility to resource materials of each candidate.

The candidate has completed the above content and meets the requirements to the satisfaction of the Instructor/Evaluator.

Name of Instructor/Evaluator: _____

Agency: _____

Address: _____ Tel #: _____

Instructor qualifications: _____

I certify that

_____ of _____
(candidate's name) (Division #)

meets the criteria of this proficiency subject, as laid out on the previous page(s).

Instructor/Evaluator (signature) Date

Divisional Superintendent (signature) Date