

CATEGORY F

SUBJECT:

BABYSITTING

OBJECTIVE(S)

To have knowledge, understanding and the sense of responsibility required to supervise children safely and efficiently.

PREREQUISITES

Nil.

INSTRUCTORS/EVALUATORS

- Registered nurses and nursing assistants with childcare background.
- St. John Ambulance Instructors with *Family Health Care*, *Child Care in the Home* background qualifications or with *What Every Babysitter Should Know* background.
- Members of local, provincial or national police forces.
- Members of the home safety divisions of fire departments.
- Professional Child Care or Daycare workers.

REFERENCES AND MATERIALS

- Canada Safety Council
- Provincial and Municipal Safety Councils
- Health Canada publications
- *What Every Babysitter Should Know* Instructor Guide and workbook

CONTENT

Follow *What Every Babysitter Should Know* guidelines.

Although the following may overlap content of other proficiency subjects such as: Child Care in the Home, Hygiene, Road & Home Safety, as well as First Aid and Family Health Care, some material must be covered in greater depth and some is additional information and training required to ensure the necessary qualifications for a well trained babysitter (not all candidates have qualified in all the above mentioned subjects)

1. *Fundamental rules for babysitters:*
 - a) making contact with employers
 - b) how to conduct one's self while in another person's home
 - c) rules regarding inviting friends into the home while sitting
 - d) obtaining necessary information in case of emergency
 - e) how to deal with unexpected visitors, phone calls
 - f) basic duties and responsibilities for the child(ren) under care

2. *Safety in the home:*

Be fully aware of; know the dangers of; know how to eliminate the danger in each of the following hazards:

- a) plastic bags
- b) matches, fires and heaters
- c) household poisons
- d) electric outlets and appliances
- e) gas jets and gas appliances
- f) water in buckets, basins and other containers
- g) pots on the stove
- h) drugs in the home
- i) sharp articles
- j) tools inside and outside the home
- k) broken glass
- l) safety pins, needles, straight pins, etc
- m) toys

3. *Caring for the child:*

- a) procedure for bathing a baby
- b) procedure for feeding a baby
- c) rules regarding the disciplining of a child (rules set by the parents)
- d) providing pastime and entertainment to a child or children by: songs, games, crafts, etc.
- e) providing meals, entertainment and care for a sick child.

4. *Emergency situations:*

- a) How to deal with the following situations:
 1. being approached by a stranger while outside with the child
 2. receiving abusive or suspicious phone calls
 3. noticing a suspicious person outside the home
 4. being asked to admit a stranger to the house without prior arrangement with the employer.
- b) Know the necessary information and the correct procedures for contacting police, fire department, and family doctor in an emergency
- c) Know the proper first aid procedures for the following:
 1. poisoning
 2. cessation of breathing
 3. serious bleeding
 4. convulsions
 5. epileptic seizures

6. sprains
 7. foreign objects embedded in wound or in the eye
 8. fractures
 9. prevention of shock
 10. falls.
- d) Know what to do in case of:
1. fire in the home
 2. fire involving the clothing of a child
 3. burns

DURATION

Minimum of six to eight hours.

CERTIFICATION

The evaluator/instructor must be satisfied that the candidate has a sufficient knowledge of all the content material and understands fully the important responsibility of babysitting. Candidates who have passed the St. John Ambulance *What Every Babysitter Should Know* course will be automatically certified in this proficiency.

CERTIFICATION OF SUCCESSFUL COMPLETION OF PROFICIENCY SUBJECT

BABYSITTING

Instructors/Evaluators should carefully consider the age, ability and accessibility to resource materials of each candidate.

The candidate has completed the above content and meets the requirements to the satisfaction of the Instructor/Evaluator.

Name of Instructor/Evaluator: _____

Agency: _____

Address: _____ Tel #: _____

Instructor qualifications: _____

I certify that

_____ of _____
(candidate's name) (Division #)

meets the criteria of this proficiency subject, as laid out on the previous page(s).

Instructor/Evaluator (signature) Date

Divisional Superintendent (signature) Date