

## CATEGORY F

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**SUBJECT:**

**BASIC FIRST AID COURSE  
LEADER**

**OBJECTIVE(S)**

To prepare candidates to assist in the delivery of basic first aid training to other community youth groups (brownies, cubs, etc) and eventually to teach the complete course.

**PREREQUISITES**

1. Be in possession of a valid St. John Ambulance Emergency First Aid certificate issued within the past twelve months.
2. Be 14 years of age or older.
3. Have approval from your Divisional Superintendent to undertake this certificate.

**INSTRUCTORS/EVALUATORS**

- St. John Ambulance Instructors holding NITDP qualifications.
- Brigade members experienced in instructing and/or evaluating minimum BTS Level 1.

**REFERENCES AND MATERIALS**

- St. John Ambulance publications “*We can Help*” and “*First Aid - First on the Scene*”.
- Necessary first aid training material, i.e. bandages, manikin(s), handouts, etc.

**CONTENT**

1. *Principles of Instruction*
  - Transferring of knowledge.
  - Getting student interest and attention.
  - Demonstrating the relevancy and importance of what is being learned.
  - Student involvement.
  - Building on student’s existing knowledge and skills.
  - Building confidence, pride and accomplishment.
  - Evaluating knowledge transfer.
2. *Lesson Planning*
  - Determining the lesson objective.
  - Types of lessons (communicating information and imparting a skill by performing or doing).
  - Preparing a lesson plan outline (sequence of instruction).

3. *Lecture methods and techniques and how to select the best method/technique for your audience. Identify strengths and special considerations for each:*
  - Demonstration techniques.
  - Practical exercises.
  - Questioning techniques.
  - Discussion techniques & feedback.
  - Lecture techniques.
  - Role-playing.
4. *Use of aids*
5. *Preparing the classroom*
6. *Presentation*
7. *Evaluation and testing techniques*
  - Informal (observation, questioning, trial practices).
  - Formal (quizzes/written examinations, multiple choice questions, take-home exams).

**DURATION**

As necessary.

**CERTIFICATION**

The candidate must demonstrate the following:

1. Ability to perform and demonstrate the above-mentioned skills and knowledge to the satisfaction of the Instructor/Evaluator.
2. Organizational skills, explanation skills (clear and concise) and team work ability.
3. Successfully assist in the planning and execution of the delivery of basic first aid training to a youth group.

**CERTIFICATION OF SUCCESSFUL COMPLETION OF PROFICIENCY SUBJECT**

**BASIC FIRST AID COURSE  
LEADER**

Instructors/Evaluators should carefully consider the age, ability and accessibility to resource materials of each candidate.

The candidate has completed the above content and meets the requirements to the satisfaction of the Instructor/Evaluator.

Name of Instructor/Evaluator: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_ Tel #: \_\_\_\_\_

Instructor qualifications: \_\_\_\_\_

I certify that

\_\_\_\_\_ of \_\_\_\_\_  
(candidate's name) (Division #)

meets the criteria of this proficiency subject, as laid out on the previous page(s).

\_\_\_\_\_  
Instructor/Evaluator (signature) Date

\_\_\_\_\_  
Divisional Superintendent (signature) Date