



St. John Ambulance

Council for Ontario

Camp Accreditation Course – Canoe Training
Earl Rowe Provincial Park, Ontario
September 10th through September 12th, 2004

Dear Leaders:

St. John Ambulance, Council for Ontario is hosting a canoe-training weekend for any members/leaders (18 years of age or over) who wish to improve their personal skills and for those considering taking their Division on a canoe trip or integrating some water activities into their upcoming camps.

This is an excellent opportunity for leaders to learn how to: maneuver a canoe safely, perform canoe rescues, learn paddling techniques, consider transportation requirements, care of equipment use/care, learn government regulations, consider outdoor precautions/awareness, trip planning, navigation and much more.

Participants must have St. John camping experience (more than 3 camping outings) and/or hold at least a Level One, as no camping skills will be taught on this weekend, unless it is related to this course. This course opportunity is considered an extra course module to provide an enrichment opportunity for our leaders.

The training will take place at Earl Rowe Provincial Park, located on 7th Concession Line, 1 mile north of Hwy # 89 in Adjala-Tosorontio Township (map enclosed). Arrival time will be on Friday September 10, 2004 between 7-9 pm. Departure time will be on Sunday September 12th, at 3 pm.

The cost of this course is \$140.00 per person, which will cover all meals (Saturday and Sunday), training material, canoes and equipment (PFD's & paddles) and Ontario Recreational Canoeing Association Certification.

Each participant will be responsible for their own meal on Friday night and transportation to and from the course. Some of the meals will be typical examples of canoe tripping meals. Participants are encouraged to bring their own tents and PFD's but the park will provide canoes and paddles. Should you require assistance with equipment, please contact us in advance.

Please find an application form, medical information form, a kit list and general rules for camps included.

All forms must be returned in full and with payment in full to the address shown below by no later than August 31, 2004. Deadline cannot be extended and is limited only to the first 20 applicants.

Respectfully,

Don Smith
Ontario Provincial Youth Officer

Mailing Address: CAC – Canoe Training – St. John Ambulance – Ontario Council
46 Wellesley Street East, Toronto, Ontario M4Y 1G5

Questions may be directed via email to Ms. Janis Thomson at jthomson99@hotmail.com (please copy to Mr. Smith at dsmith@on.sja.ca) or by phone to the Community Services Department at 416-923-8411 or 1-800-268-7581

Camp Accreditation Course – Canoe Training APPLICATION / AGREEMENT / PERMISSION FORM

Note: A complete set of forms and payment must be completed for each member participating in this event, regardless of their position. All forms must be returned by August 31, 2004 to our Community Service Office.

Name _____ Unit/Division _____
Address _____ Div. Supt. _____
City/Town _____ Province _____
Postal Code _____ Home Phone: () _____
Emergency 24hr Contact _____ 24hr Contact # () _____
Gender M F Date of Birth _____ Age: _____
Year Joined SJAB _____ Language(s) spoken: English / French
Position (circle one): Junior Cadet Crusader Corporal Sergeant Adult/Member Officer/Other:
Rank: _____

1. I have accurately completed the enclosed a MEDICAL FORM
2. I have enclosed a cheque or money order made payable to “St. John Ambulance - Council for Ontario” in the amount of \$60. Cancellations or no shows may not qualify for refund. This will depend on our ability to fill your reserved position.
3. I need special consideration due to the following situation [diet / medical / religion / other]:
4. By signing this form we/I have read, understood, and agree that our/my child *shall abide by all the attached rules* while attending this camp. While we/I understand that every reasonable precaution will be taken by the leaders/Officer(s)-in-Charge, should an accident or illness occur, we will not hold the leaders/Officer(s), nor St. John Ambulance responsible. I/We further acknowledge that if our/my child is required to be sent home, this will be arranged at my/our expense.

i. _____ ii. _____
Signature of Self if 18 or older, or Parent(s)/Guardian(s) if under 18 years of age. If signed by a Legal Guardian, please provide proof of guardianship.

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KIT LIST

Note: Clothing displaying profanity, racial, offensive or sexist remarks shall not be permitted to be worn by any participant. Interpretation of such materials will be at the discretion of the Camp Administration.

- ☐ Sleeping Bag or Bed Roll
- ☐ Sleeping Pad and 2 Ground Sheets
- ☐ Sleeping Wear (suitable for time of year)
- ☐ Underwear
- ☐ Socks
- ☐ Boots or Shoes (one pair for canoeing)
- ☐ Shorts
- ☐ Pants (bring a pair of jeans for training)
- ☐ Long sleeve shirts
- ☐ T-Shirts
- ☐ Swim Suit
- ☐ Personal Floatation Device (if you have one)
- ☐ Warm Hooded Sweater
- ☐ Warm Jacket
- ☐ Raincoat, rain hat and boots (a must)
- ☐ Mess Kit (in a mesh bag)
- ☐ Toilet articles, towel and face cloth
- ☐ Flash light and extra batteries
- ☐ Insect repellent and sun screen lotion
- ☐ Note book, pencil/pen
- ☐ Sun hat (sun visors not recommended)
- ☐ Folding Camp Chair (optional)
- ☐ Pillow or Pillow Case (optional)
- ☐ Camera, extra batteries and film (optional)

Note:

- ☐ There are designated outdoor washrooms on the campsite. Shower facilities are available.
- ☐ Leaders leaving site for any reasons are expected to advise the Officer-in-Charge or designate.
- ☐ Recommended that only one piece of luggage is brought
- ☐ Participants are responsible for their own belongings.
- ☐ Personal belongings, including any electronic devices, money and equipment are the responsibility of each participant and disrespect of others belonging will not be tolerated.